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**Thirty-one counts of fraud, breach of trust, bribery**

# THE DUFFY VERDICT

**FULL COVERAGE**

- THE KEY PLAYERS
- WHAT'S AT STAKE
- HOW WE GOT TO HERE AND WHY TODAY MATTERS

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Justin Trudeau has been named most stylish politician by GQ. **Canada**

# Too stark to embark

RECREATION

## Kayakers and canoists ask for docks, gates at canal

**Haley Ritchie**
Metro | Ottawa

A new proposal by two downtown community groups could see the Rideau Canal become a little more animated in the summer by providing more public access to canoes and kayaks.

On Wednesday, the Glebe Community Association and Ottawa East Community Association penned an open letter detailing the request to MPs Mélanie Joly and Catherine McKenna.

The letter is asking for a pilot project that would add two temporary floating docks and accessible gates along the canal this summer to increase access.

"The reality is people already try and use it for canoeing and kayaking, but right now it's not safe or easy to access," said Glebe association president Christine McAllister.

The suggested locations for the docks were carefully chosen, keeping in mind the pathways, safety and existing boat traffic, McAllister said.

The canal currently offers two points of entry at the north and south end of the downtown: one set of docks just behind the National Arts Centre and another at Dow's Lake.

The problem for residents in the core is that everything between is blocked off by guardrails — meaning the only way to access the canal is to use a car.

"I am an avid canoeist myself, and I would be keen to see increased access to the Rideau Canal for canoers and kayakers in central Ottawa," said McKenna in an emailed response. "Parks Canada will announce plans for the 2016 season shortly."

The concept is not new. In 1902, the original Rideau Canoe Club was located in the Glebe at the canal and Fifth Avenue. The club moved south to Mooney's Bay in 1946.

Former Old Ottawa East Association president John Dance has been working on the idea for over four years. He said the association recently pitched the project to the National Capital Commission for their 50-year plan.

> **It's a little idea with big impact.**
> John Dance

"It's a little idea with big impact," said Dance.

"We're so lucky that Ottawa is a very recreational city," said McAllister.

"It's a beautiful facility in our neighbourhood, and this would be a great way to encourage people to use it."

ANDRES PLANA/METRO

EROSION

## Hill's backyard is getting greener

The pathway behind Parliament Hill will get a little greener this spring thanks to an environmental project by the National Capital Commission.

Twenty-one trees, almost 400 shrubs and a mass of perennials, vines and grasses will be planted along the stretch of the shoreline from the western parking lot to the canal locks.

The project is less about beautification and more about guarding against erosion, according to Jasmine Leduc, spokesperson for the National Capital Commission.

"The project will strengthen the shoreline to resist erosion caused by spring floods," said Leduc. "As stewards of the national heritage of the National Capital Region, our main priority is on the shorelines and to optimize public access."

The one-time improvement project was started last fall. The bidding process for the work will end in May, and the task is to start immediately and be done within a month. HALEY RITCHIE/METRO

**Parliament Hill as seen from the Alexandra Bridge.**
TORSTAR NEWS SERVICE

THE MIKE DUFFY TRIAL

# Duffy decision to be delivered

COURT

## Case started a national dialogue on Senate reform

Did Sen. Mike Duffy commit a crime or didn't he?

That's the question Ontario Court Justice Charles Vaillancourt will seek to answer Thursday when he passes judgment on the 31 counts of fraud, breach of trust and bribery Duffy has faced since July 2014.

But the much broader implications of the saga of the senator from Prince Edward Island are perhaps best summed up in Duffy's own words to the Senate in 2013 when he delivered a scathing rebuttal of the allegations swirling around him.

"This," Duffy thundered, "is a case for the history books."

It all began in 2012, when the auditor general issued a report that recommended taking steps to ensure members of the upper chamber were submitting enough proof that their expense claims were for legitimate parliamentary business.

Questions about Duffy's own claims — including whether he was a legitimate resident of P.E.I., the province he'd been appointed in 2008 to represent — began later that year. It was the first in a long chain of events that would, among other things, eventually force the departure of Nigel Wright, then the prime minister's chief of staff.

**Justice Charles Vaillancourt will deliver his verdict on the counts of fraud, breach of trust and bribery that Sen. Mike Duffy has faced since July 2014.** ADRIAN WYLD/THE CANADIAN PRESS

The bribery charge Duffy faces is the result of Wright's decision to personally pay the $90,000 in living expenses Duffy claimed by declaring his longtime home in an Ottawa suburb was actually a secondary residence.

The remaining 30 fraud and breach of trust charges relate to Senate money the Crown alleged Duffy either received for trips that had nothing to do with Senate work or that he funnelled through a friend's company to cover costs the Senate wouldn't pay for.

Duffy has pleaded not guilty to all charges.

The trial exposed the inner workings of a secretive Prime Minister's Office and the Conservative party machine, shaped the early narrative of last year's fateful election campaign and even led to at least one high profile Conservative publicly turning his back on the party.

> **This is a case for the history books.**
> Sen. Mike Duffy

But the ensuing ethics and spending scandal did force a national conversation about the need for Senate reform — an issue Harper referred to the Supreme Court, only to be shut down by a high court that insisted constitutional amendments would be unavoidable.

For his part, Duffy has also held his tongue throughout most of his 62-day trial, save the eight days that he spent on the witness stand. The trial began last April as the hottest ticket in Ottawa, a political cause célèbre that promised to lay bare the inner workings of one of the most secretive, media-wary governments in recent history.

But when the Oct. 19 election upended the status quo on Parliament Hill, the public and media interest in the trial all but evaporated as the Harper era was relegated to the annals of history.

THE CANADIAN PRESS

## THE KEY PLAYERS

Here's a guide to some of the people who have been on hand during the trial, which is expected to culminate Thursday in a verdict.

**The accused**

**Sen. Mike Duffy:** A popular former national broadcaster, Duffy was named as a senator for Prince Edward Island by then-prime minister Stephen Harper in December 2008. He was charged in 2014 amid questions about his housing and expense claims, as well as revelations that his disallowed claims were repaid by Harper's former chief of staff Nigel Wright.

JUSTIN TANG/THE CANADIAN PRESS

**The Men in Robes**

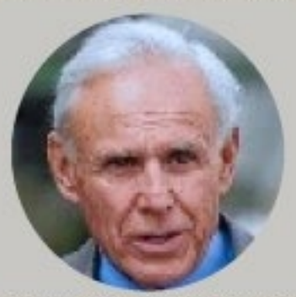
**Ontario Justice Charles Vaillancourt:** The Toronto-based judge presiding over the case.

**Donald Bayne:** A veteran Ottawa-based criminal defence lawyer with experience in government inquiries and high-profile cases involving murder, war crimes, and conspiracy.

JUSTIN TANG/THE CANADIAN PRESS

**Former PMO Staff**

**Nigel Wright:** Ex-chief of staff to Stephen Harper. Secretly repaid $90,000 of Duffy's contested Senate living expenses in 2013. Back working now for private equity firm Onex, in London.



ADRIAN WYLD/THE CANADIAN PRESS

JUSTIN TANG/THE CANADIAN PRESS

## 5 THINGS TO KNOW ABOUT THE TRIAL

Ontario Justice Charles Vaillancourt will deliver his decision Thursday on Sen. Mike Duffy's fraud, breach of trust and bribery charges, all of which stem from his controversial Senate housing and travel expenses.

THE CANADIAN PRESS

### 1 Duffy faces 31 charges

They fall into five categories: issues related to living expenses Duffy claimed for his suburban Ottawa home; inappropriate expenses relating to personal and partisan activity; inappropriate expense claims assisted with personal attendance and funerals and related ceremonies; disbursements of money paid to Duffy's friend Gerald Donohue for illegitimate expenses; and charges relating to the receipt of a $90,172.24 cheque from Nigel Wright, then the prime minister's chief of staff.

### 2 His role as senator is one crucial element

The breach of trust charges Duffy faces are because of his role as a public official and he can be found guilty whether or not the crime would be an offence if committed by a private person.

The Supreme Court lays out the reason for this provision of the Criminal Code in a 2006 case known as R. vs. Boulanger, writing that public officials are given their authority to be used for the public benefit, so they should be answerable to the public "in a way private actors may not be."

### 3 He is facing jail time if convicted

The breach of trust charges carry a maximum penalty of five years in prison. Six of the fraud charges are for amounts over $5,000, which carry a maximum 14-year term. The fraud charges under $5,000 could be met with prison terms of less than two years. The bribery count has a maximum 14-year sentence.

### 4 There's the matter of his job

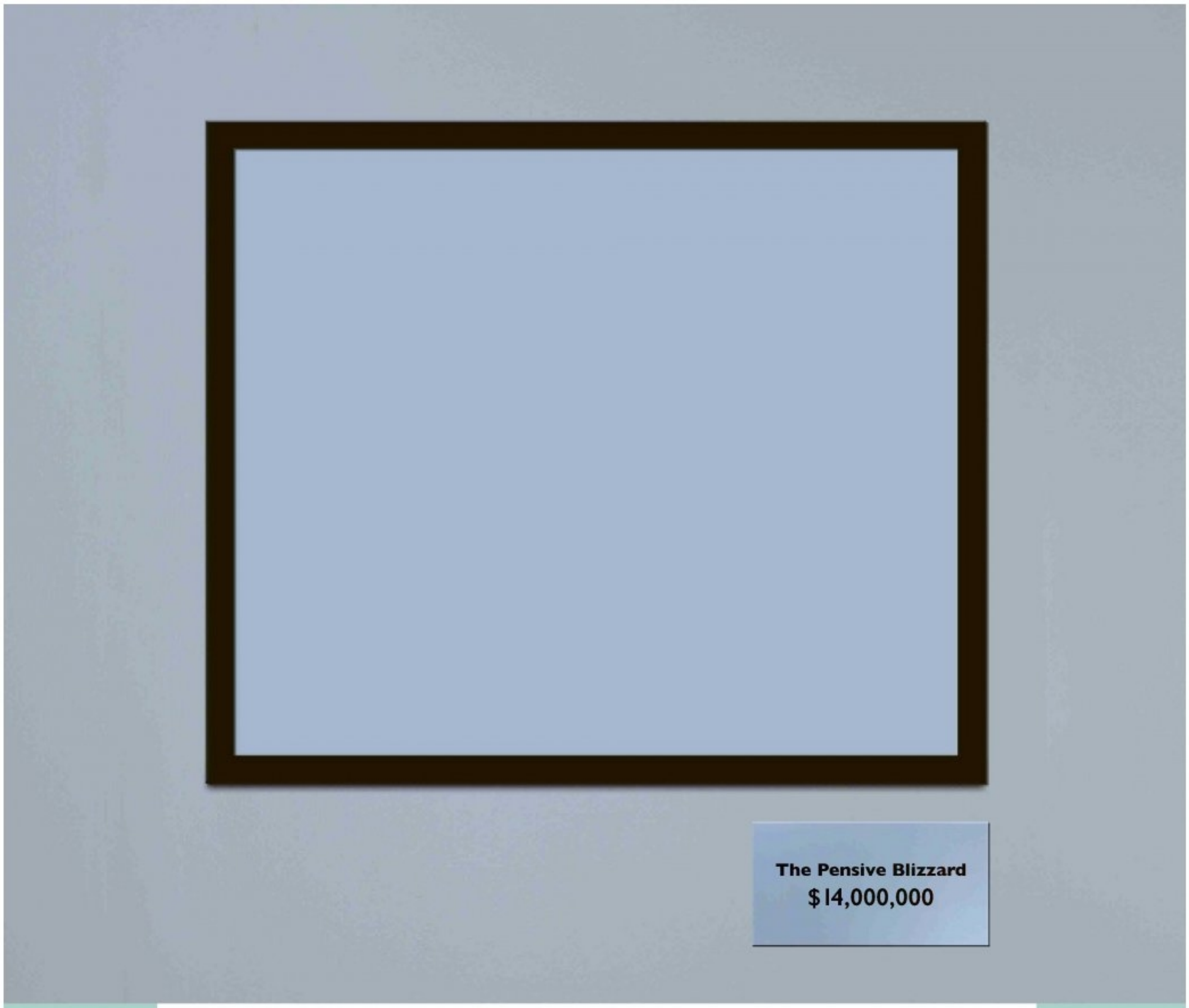
Duffy was suspended without pay from the Senate between November 2013 and the dissolution of the last Parliament in August 2015. After dissolution, his pay was reinstated but he remained on a leave of absence with no access to Senate resources because of his ongoing trial. What happens after the verdict is governed by two things: Senate rules and the Constitution.

The rules say if he's acquitted, he can take up his seat in the Senate at the very next sitting. If he's convicted on even a single charge, he remains on a leave of absence until sentencing. If his sentence is anything other than a discharge, he is suspended without pay and access to resources until the conclusion of all legal proceedings, including appeal, are over. The Constitution says a Senate seat must be vacated by anyone convicted of "felony or any infamous crime." Felony is now understood to mean an indictable offence and that's what Duffy is charged with.

### 5 Other cases may hang in the balance

Two other senators are currently waiting to stand trial for their own expenses. Former Liberal senator Mac Harb and former Conservative senator Patrick Brazeau also face fraud and breach of trust charges.

Harb's trial was delayed in part because Duffy's went on far longer than expected. Brazeau's trial has been postponed until 2017 after Brazeau was hospitalized in January. There is also the outstanding case of Sen. Pamela Wallin. The RCMP handed over its investigation into her to Crown prosecutors last year but there's been no movement since.

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CITY PLANNING

# Public renames Vanier, Lowertown streets

Michelle Nash
Metroland Media

There are a few new streets in Vanier and Lowertown.

The area didn't get bigger – a few names have changed along familiar streets, in an effort to avoid any confusion with streets that have similar names elsewhere in the city.

This is all part of the city's street name changes to help resolve concerns raised by the Ottawa Police, Paramedic, and Ottawa Fire Services, who have said duplicate street names impact timeliness of emergency response times.

What has been changed so far in Rideau-Vanier ward is:

- The section of St. Cecile from Granville Street to Tabor Avenue has been changed to Joffre-Belanger Way
- St. Cecile – the section that connected Longpre Street changed to Acadie Court
- Tabor Avenue – the segment that goes from St. Jacques Street to St. Denis Street changed to become an extension of St. Denis Street
- Genest Street – the segment that goes from Joliet Avenue to Marquette Avenue changed to Hector-Hotte Way
- Charlotte Street – the segment that goes from the dead end to Heney Street changed to Lower Charlotte Street
- Rideau Place – a street off Cummings Bridge, changed to Fountain Place

The names reflect a bit of the ward's history and people.

There are a few street names that have yet to be changed, that are still looking for suggestions.

**ANY IDEAS?**

Ideas can be submitted to Coun. Mathieu Fleury's office or to the city at namingottawa@ottawa.ca.

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Lucy DeCoutere leaves the Toronto courthouse following the reading of the verdict in the Jian Ghomeshi sexual assault trial on March 24. THE CANADIAN PRESS/CHRIS YOUNG

# Legal advice for survivors

OUTREACH

## Program for sexual violence victims is a start: Advocate

Joe Lofaro
Metro | Ottawa

The province's plan to give free legal advice to victims of sexual violence is a "starting place," but doesn't go far enough to support them through what many victims' groups say is a "flawed" court process.

The province is expected to announce later this spring full details of its new pilot project in Ottawa, Toronto, and Thunder Bay that will provide victims four hours of confidential legal advice.

The pilot — the first of its kind in Canada — will be available to male and female complainants at any stage after they report a sexual assault.

Stefanie Lomatski, coordinator of the Ottawa-based Sexual Assault Network, said the initiative is a positive step, however, it falls short of what victims have been asking for for years: legal representation in the courtroom.

"It does seem like it will be limiting," said Lomatski.

The Crown in a sexual assault case acts in the interest of the public and can only provide so much legal support, which survivors are lacking, she said. This pilot project doesn't address that.

"It is not the ideal of what we would like to see happen for our members," said Lomatski.

Victims' groups say navigating the maze of a sexual assault case is inherently flawed and is one of the reasons why so few people, especially women, choose to go to police.

They argue the recent Jian Ghomeshi trial was a testament to that argument.

What's needed, Lomatski said, is an overhaul of the criminal justice system with a more robust support system for survivors.

The pilot will cost $2.8 million and will run until March 2018.

**NO MORE BUGGING OUT**

**Mosquito treatment on way**
Larvicide will be used in North Kanata to treat a pesky mosquito problem.

Ground applications will happen from April 21 until Sept. 15. Some areas will get daily doses of liquid larvicide. Granular larvicide will be spread by a helicopter to all areas within the next two weeks.

The larvicides will use two naturally-occurring strains of bacteria that are drawn into larvae stomachs when they hatch in water. They then stop larvae from growing. Both bacterias have no effects on humans or wildlife other than mosquitoes.

SARA ERICSSON / FOR METRO

# Opposition to drive-thru revving up

CITY PLANNING

## Groups say it's a bad idea for heritage site

Lucy Scholey
Metro | Ottawa

Ottawa community associations are joining the chorus of opposition to a drive-thru at the corner of Richmond Road and Island Park Drive.

The Federation of Community Associations (FCA), which represents eight community groups, has voted against converting the 1930s gas station into an "upscale coffee house" drive-thru.

"This is not adding a service. It's adding an injury," said FCA president Gary Sealey.

The city granted 70 Richmond Rd. a heritage designation, which complicates what property owner Main and Main can do.

Development firm Fotenn calls the drive-thru a "best-case scenario" for that building.

"Moreover the proposed development would restore commercial activity to a prominent street corner that is currently sitting vacant," reads a document prepared by Fotenn.

Apart from the drive-thru, the proposal includes a patio, five-car parking lot and repairs to the Tudor Revival stucco building.

Kitchissippi Coun. Jeff Leiper said that intersection is "already a gong show" for traffic.

He said there should be an open house on the proposal and a report will likely go before the planning committee in mid-June.

Metro reached out to Main and Main, but has yet to hear back.

**The 1930s heritage gas station at the corner of Richmond Road and Island Park Drive.** LUCY SCHOLEY / METRO

COMMUNITY

# Westboro launches new street festival

Tom Pechloff
Ottawa Business Journal

One of the newest members of the Westboro Village Business Improvement Area (BIA) is striking a much more conciliatory tone as the organization launched its new street festival, dubbed Westboro FUSE.

The three-day event June 10 to 12 is replacing Westfest which had a 13-year run before the BIA decided to explore other possibilities.

"With all of it said and done, it was a communication issue," said West End Kids owner Sheba Schmidt. "It really had a lot to do with money."

Schmidt and former Whispers owner Don Cogan tried to rally Westboro businesses last year in an attempt to keep Westfest, but when it became clear that wouldn't happen, the pair, who had never met before the festival controversy, made themselves available for one of three vacant spots on the BIA.

Schmidt said she was nervous ahead of the vote as "I'm sure there were some people that didn't appreciate what I was saying."

Schmidt said she felt it was important to have a stronger retail and restaurant voice on the board and once the tallies were counted, that's what happened. She and Cogan were both elected, as was Mary Anne Petrella, manager of Green Tree Eco Fashion. The city's finance and economic development committee approved their election earlier this month

With a new perspective as a BIA member, Schmidt said she thinks both Westboro FUSE and Westfest, which will be held the weekend before in Hintonburg's Laroche Park will be successful.

"Ottawa likes festivals," she said. "We'll all gain in the end."

**Sheba Schmidt, West End Kids owner.** COURTESY ANDREA TOMKINS/KITCHISSIPPI TIMES

ENVIRONMENT

# University praised for emissions plan

Emma Jackson
Metro | Ottawa

The University of Ottawa has won an environmental excellence award for its plans to reduce campus emissions.

The strategy is aimed at cutting emissions by 34 per cent over 2005 levels by 2020.

The provincial government recognized it as one of 10 groups on Wednesday for "innovative efforts to protect the environment and fight climate change."

The Institute of the Environment is already powered by Bullfrog Power, which only uses renewable and low-impact energy sources, and solar panels have been installed across the property.

The school's security force has also replaced its fleet with hybrid cars.

ROADS

# Drivers, it's 'crunch' time for construction ahead of 2017

Emma Jackson
Metro | Ottawa

Have fun getting to work this summer.

Construction season is shaping up to be a doozy this year as the city tries to get as much roadwork done as possible before Canada's 150th birthday celebrations in 2017.

Add light rail construction to the mix, and transportation committee chairman Keith Egli says residents "should be prepared to feel the crunch."

"We're trying to get a lot of work done before 2017," Egli said at a technical briefing on Wednesday. "There's going to be a lot going on this year, for sure."

The road work schedule itself is pretty normal, according to asset manager Alain Gonthier.

There's 195 kilometres of infrastructure renewal planned, about 50 kilometres in new roads, sewers and paths coming and another 150 kilometres of road resurfacing.

That's on top of other major projects underway in the downtown core, including the NAC rehabilitation, Rideau Centre expansion and Arts Court redevelopment, which will cause their own delays and lane closures throughout the summer.

But what's really going to put the chaos over the top is the final Transitway shutdowns in April and June.

> **We're encouraging people to take alternate routes.**
> Traffic manager Phil Landry

Come Sunday, the Transitway will close between Laurier Station and Lees, kicking hundreds of buses onto Nicholas Street during rush hour.

To keep transit moving quickly, one northbound lane will become a dedicated bus lane for the next two years — a change that's sure to have "significant impacts" on general traffic, traffic manager Phil Landry said.

"That's why we're encouraging people to take alternate routes to get where you're going," Landry said.

He said drivers headed downtown should consider taking King Edward or Metcalfe exits instead of Nicholas, or consider using transit, working from home or staggering their work hours.

The west end will get its own dose of the pain on June 24, when the final piece of Transitway between Tunney's Pasture and Merton closes permanently for light rail construction.

That will send buses onto Scott Street. They've already been using Scott east of Merton since January, but this will extend the road impacts another 700 metres.

And of course, the light rail construction on Queen and Rideau streets will continue to slow drivers down by as much as 15 minutes, staff said.

Egli urged drivers to plan ahead and consider leaving the car at home.

"If you want to continue to be a creature of habit ... then it's going to take you longer," he warned.

# 5 THINGS MAYOR JIM WATSON IS DOING IN INDIA

From business deals to Bollywood, Ottawa Mayor Jim Watson is leading the city's first trade mission to India this week. Here's what he has been up to.

Lucy Scholey
Metro | Ottawa

## 1 Bollywood does Ottawa?

The mayor toured Bollywood movie production studio Yash Raj Films, and pitched the National Capital Region as a filming location. It looks like an India-Canada film is already in the works. Toronto-based qEw Films Inc. signed a deal with Anmol Pictures to shoot a film in Ottawa in 2017.

## 2 Study abroad

University of Ottawa students looking to study abroad will have another travel option this year. The campus signed a Memorandum of Understanding with Amity University to start running an exchange program. The Noida, India, private school is also eyeing the National Capital Region to start up another campus venue.

## 3 Wireless tech in India

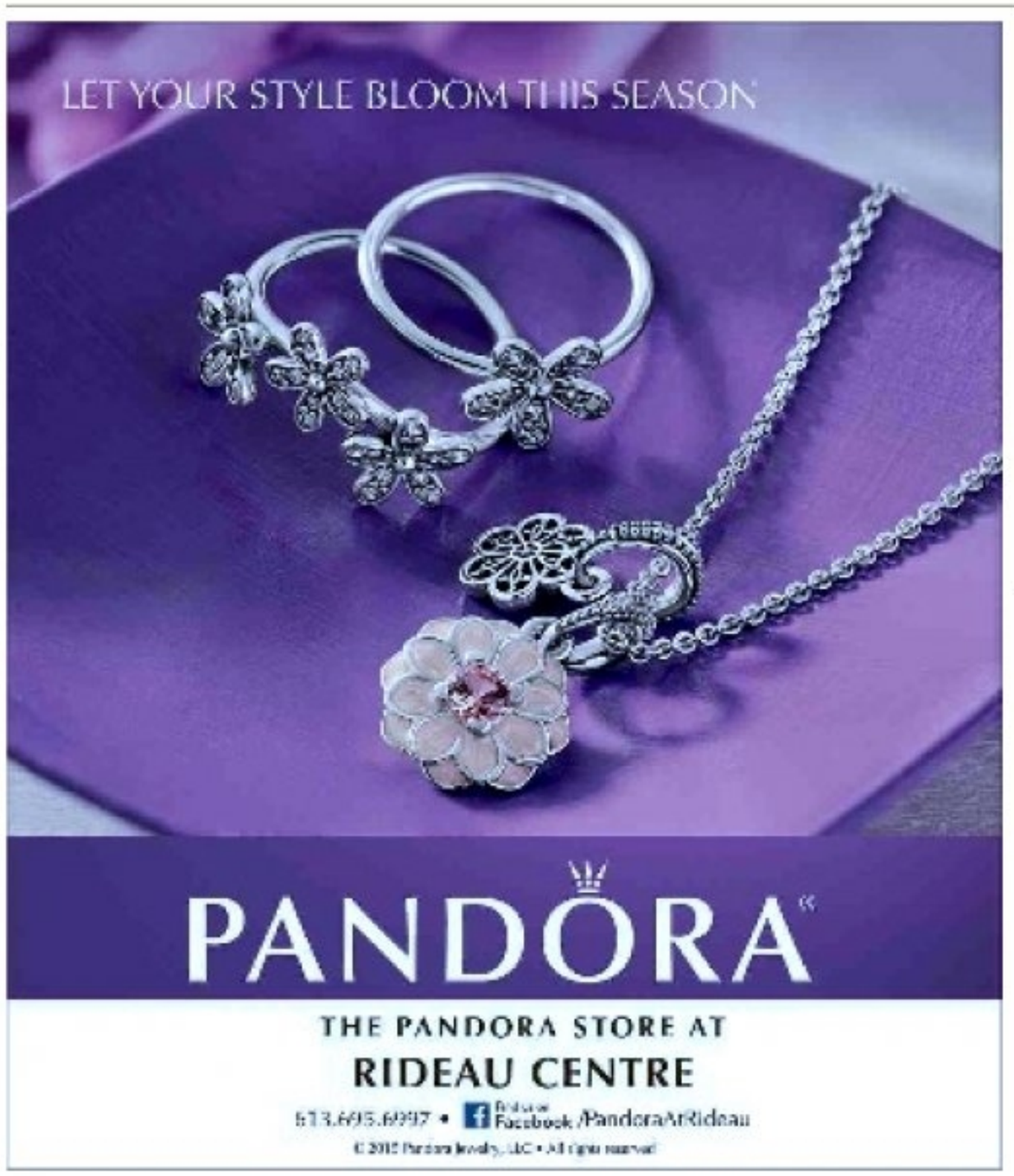
Kanata wireless tech company Eion Inc. signed a $50-million deal with Mumbai-based Adino Telecom Limited to provide "e-governance wireless solutions" to urban and remote communities in India. The deal is expected to secure more than 500 jobs.

## 4 Education deal

SKILLSdox Inc., an online education company based in Ottawa, signed a $30-million media investment with the Times of India to advertise the company's School of Skill in print, radio, digital media and television across the country. The program connects Indians to online university programs around the world.

## 5 Clean water systems

Another Kanata company, Clearford Water Systems Inc., announced it will install its first water and sewer sanitation system in India. With backyard toilets, showers and kitchen washing facilities, the $150,000 Clearford One is expected to service 53 homes in the village of Jambudiyapura, Gujarat.



A bollard on Wellington St. was sheared off by a snow plow this winter. **BIA director Zach Dayler said he's got a list of 40 reports of city property in the neighbourhood that need to be repaired or replaced due to snow plow damage.** EMMA JACKSON / METRO

# Spring reveals city, warts and all

MUNICIPAL MATTERS

## Plow damage to garbage bins and bike racks now visible

**Emma Jackson**
Metro | Ottawa

Spring has sprung, but as the last of the snow finally melts away some communities are dismayed at the destruction left behind.

Bent bike racks, broken bollards and trashed garbage bins follow in the wake of snow plow operators every winter.

For Wellington West BIA director Zach Dayler, it creates a frustrating annual ritual that involves documenting and reporting up to 50 damaged assets every year.

This year he's at about 40 reports, and it ranges from bollards cracked down the middle, trees chewed up by snow blower blades and crumbling concrete on damaged corners of his organization's large curb-side planters.

Dayler said he understands the snow plow operators are under pressure to clear streets and sidewalks as fast as possible.

"But at what cost?" he said. "It seems to be coming at the expense of things the city paid for, like bike racks and garbage cans."

He's worried that, as more of the city's investments get damaged beyond repair, the cash-strapped municipality will someday stop replacing them.

"Then the BIA has to buy the bike racks," Dayler said.

He's also worried spending money repairing or replacing street furniture limits the city's ability to expand its facilities.

But public works manager Kevin Wylie said "that's a different envelope."

His team repairs as many as they can, he said.

"Those bike racks, a lot of them we can bend back up," he said.

Wylie said sidewalk cleaners do their best to balance efficiency with damage control.

"We tell them to be careful and they are careful," he said.

His department is developing an inventory of damages to city property.

Residents can also claim damages to the city if they think a snow plow has nicked their property. So far this season, the city has received 94 claims, and has made payment on five of them for a total of $8,749.16. Another 64 cases are outstanding, staff said.

Every year, the city receives about 2,000 claims for property damage caused by snow plows, pot holes, tree removal and construction. About 25 per cent are found to be the city's fault.

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# Poor people have shorter lives: Report

HEALTH

## Chronic illness more common in low-wage workers

Health Quality Ontario issued a report Wednesday showing that the poorer people are, the more likely they are to have shorter lifespans and to suffer from multiple chronic conditions.

The report found men living in the poorest neighbourhoods die, on average, more than four years earlier than the men in rich areas, while women in poorer areas die an average of two years earlier than wealthier women.

The government advisory agency said the poorest 20 per cent of people are nearly twice as likely as the richest 20 per cent to have two or more chronic conditions, such as diabetes and a mental health issue.

It also found only about 60 per cent of the poorest people have prescription drug insurance, compared with nearly 90 per cent of the wealthiest people.

> Poor people in Ontario pay for their lower income with their health.
> Joshua Tepper

Half the people living in the poorest urban neighbourhoods are overdue for colorectal cancer screening, compared with just over one-third in wealthier areas.

"Poor people in Ontario pay for their lower income with their health," said Joshua Tepper, president and CEO of Health Quality Ontario.

Health Minister Eric Hoskins said "unfortunately and regrettably," the findings in the Health Quality Ontario report are not a surprise.

"We've known for quite some time in Ontario and around the world that individuals of lower social and economic income have worse health outcomes," he said.

"In fact, their access to health care is more challenging as well."

Hoskins said the government has to keep developing fair, equal access to health care, but warned that access isn't the only issue.

"They're also based on things like adequate housing, income security, educational opportunities and the quality of the air and water around you," he said.

THE CANADIAN PRESS


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The trillium is Ontario's official flower and will soon blanket a large portion of McCarthy Woods. BARRY GRAY/TORSTAR NEWS SERVICE

PARKS & RECREATION

## White trilliums in bloom for mere days

Blink and you'll miss them.

Ontario's official flower — the white trillium — will soon blanket a large swath of McCarthy Woods in the Hunt Club community within the next couple of weeks, among other natural settings in Ottawa and the Valley.

The flowers' blooming period only lasts a short time, about one or two weeks in late April and early May before the tree leaves come out en masse, said renowned Canadian naturalist Michael Runtz, a longtime instructor in Carleton University's biology department

"The blooming time is brief because the sunlight time is brief," he said, adding these flowers flourish in richer hardwood forests, at the base of such trees as maples and maple beeches. "The timing is all that matters."

Once the trilliums bloom, "they are spectacular in that they form huge carpets quite often," said Runtz.

White trilliums are commonly found in this part of Ontario, particularly in the Ottawa Valley and southwest to Kingston, where they can actually enjoy a longer growing season for upwards of three to four weeks.

It will likely be too early to see the flowers blanket McCarthy Woods, situated along McCarthy Road at Plante Drive, when River Ward celebrates Earth Day on April 23 at the nearby Hunt Club-Riverside Park Community Centre.

ERIN MCCRACKEN / METROLAND MEDIA

FOOD

## City pumped up over Chipotle job posting

Rebecca Williams
Metro | Toronto

It all started with a job posting.

An Indeed.com posting from Chipotle looking for a general manager in Ottawa has people going loco online.

More and more people noticed the posting after it was put on Reddit, sharing their reactions on Twitter — ranging from disbelief to completely losing it.

Buzzfeed Canada reached out to Chipotle, which does not appear to have the job posting on its website, who responded that they don't "discuss plans for individual locations of markets."

While the Internet still seems to have an undying love for the chain, Chipotle is still dealing with fallout from multiple outbreaks of food-borne illness.

But that hasn't stopped people from going nuts about the possible news that the city may or may not be getting a burrito joint of its own. You guys know guac is extra, right?

# Audit put 'big pressure' on councillor

POLITICS

## City drops case, deems expense errors 'insignificant'

Lucy Scholey
Metro | Ottawa

An election expense audit cost Mark Taylor "several thousand dollars" in legal fees, but the Bay Ward councillor said he's relieved his case has been put to rest.

Last week, the City of Ottawa decided not to prosecute Taylor for his questionable 2014 municipal campaign finances, after an external legal counsel advised against it.

A letter from Tony E. Fleming of Kingston-based law firm Cunningham, Swan, Carty, Little & Bonham, LLP, dismissed Taylor's "insignificant apparent contraventions" of the Municipal Elections Act.

At the crux of the problem was a "clerical error," according to a previous audit. Taylor – or his accountant – recorded that he had no deficit in 2010, when he was actually $5,121 in the red.

In his letter, Fleming said this may be boiled down to "sloppiness," but that the errors "do not compromise the integrity of the electoral process."

Without stepping into a courtroom, Taylor estimates he spent several thousand dollars of his own money on legal fees.

"It certainly was a big pressure on what little extra time I do have and certainly big pressure on our family, as well," he said.

If he's to run again, Taylor said he will better scrutinize his campaign expenses.

Bay Coun. Mark Taylor says he's out "several thousand dollars" in legal fees from his own pocket following an audit of his election campaign expenses. METRO FILE

CHARITY

## Sending aid from Montreal to Ecuador

Sara Ericsson
For Metro | Halifax

A collection of donations for people affected by a deadly earthquake in Ecuador will take place in Orleans this weekend.

Maria Paulina Mendoza, a second-year University of Ottawa student, was refreshing her Twitter feed when she found out the earthquake had struck, and immediately called her grandmother to tell her the news.

"It was the first time I've ever heard her cry," said Mendoza.

The 7.8-magnitude earthquake caused devastation in towns and cities throughout Ecuador. The death toll has risen to 525, and over 200 people are still reported missing.

Mendoza and her family, who have lived in Canada for seven years, decided to do something to help. So they contacted ambassador Nicolás Trujillo, who has since arranged for a plane to carry the donations from Montreal to Ecuador.

Trujillo, who knows the Mendoza family well, said the embassy is helping to "channel this assistance into a manner which can do good."

"We're making sure these items get right to the people who need them."

Mendoza and her family will host a collection this Saturday and Sunday from 10 a.m. to 8 p.m. at 2120 Valin Street in Orleans. Collections will also take place in Kanata at 170 Gatespark Private, and in Aylmer at 165 rue du Tournoi.

A bank account is also set up on the embassy's website, in response to people wanting to donate directly to the cause.

Items such as tents, sleeping bags, easy-open canned food, water, the Water Lifestraw brand of water filters, flashlights and batteries are needed, and will be put on a plane and flown to those affected.

"These items are the things we're collecting are the necessities that are urgent, that they need right now," said Trujillo.

**Neighbours share a mattress as they sleep outside their damaged homes in Ecuador.** THE ASSOCIATED PRESS

HEALTH

## A day for doctors

Saturday, May 7 could possibly be the healthiest day of the year in Manotick.

Doctor's Day, hosted by the Manotick BIA, is a one-stop shop for all things health and wellness.

The event features dozens of local health care services in an open house style that is free to the public.

"It is a showcase for everything Manotick has to share as far as health and wellness," said Donna Smith, executive director with the BIA.

Each participating business has ties to healthcare in some form, Smith said.

They include areas such as optometry, laser treatments, physiotherapy and mental health services.

Each business will open their doors to the public during the event.

More details about Doctor's Day, including a schedule for the information sessions, can be found on the Manotick BIA website at www.manotickvillage.com.

KELLY KENT/METROLAND MEDIA

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# People and pot at Parliament

Sara Ericsson
For Metro | Ottawa

Whether you partake or know someone who does, you probably know the significance of April 20. With legalization talks set for next spring, people chilling on Parliament Hill had lots to say about it.

## 1 Angélick Mercier, left, and Emilie McCann

Angélick Mercier says legalization will likely cause prices to rise, and taxes to be high. Emilie McCann says she looks forward to "being able to smoke it outside without worry of getting caught".

## 4 Gary Gagne

Gary Gagne says legalization is a win-lose situation. He'd "like to be able to walk down the street or sit in a park and smoke my marijuana without being harassed by anyone," but he says the majority of people who smoke do nothing, and just mind their business. His partner Leanne Publow says the tax on it shouldn't be huge, since "you can still tax $20."

## 2 Marco Anthoney

Marco Anthoney says legalization to him would mean "everybody being able to have their own pot and just chill out," which he says is medicinal, relaxing and a regular recreational activity. He said it would also mean knowing his weed is safe and where it comes from.

PHOTOS BY SARA ERICSSON/FOR METRO

## 3 Heather Fairhead

Heather Fairhead uses medical marijuana to manage her Crohn's disease, and worries about stores with liquor licenses possibly distributing it, because she's unsure if they know everything they have to about its medical usage. She also worries about higher prices, and says many medical users are on disability and may no longer be able to afford it, since their budgets are often already tight. "We don't have the funds to pay higher taxes on it," she says.

## 5 Taylor

Taylor (who declined to give her last name) says she'd like it to be recreational, with designated areas where it can be smoked because "it can be a great way to socialize and connect with people in the community." She says she's still for legalization even if it's taxed, and thinks "the tax would do a lot of good for our country."

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TECHNOLOGY

# CurrentWare making a name for itself

David Sali
Ottawa Business Journal

When Kevin Porsche kept getting requests from his company's human resources department to find out what websites employees were visiting, he knew there had to be a better way than checking every computer.

"You can go through the typical history view on an individual PC, but it wasn't really co-ordinated to one central location," says Porsche, the IT administrator at Shady Maple, a farm market in Pennsylvania.

After doing some research on web monitoring software, he recommended Shady Maple go with an Ottawa brand called CurrentWare. The small south-end firm, which makes a series of Internet filtering, monitoring and security products that help clients keep track of their workers' Internet use, is the only local company in the lucrative space.

Shady Maple started using CurrentWare's BrowseReporter monitoring software five years ago and now has it installed on more than 100 devices.

"It's been very effective," says Porsche, adding a number of employees have been dismissed or disciplined at least partly due to their web surfing habits since the software was installed. "There is no disputing when an issue does arise. The reports are 100 per cent accurate. It's become extremely useful for our HR department."

Still, not everyone is thrilled about constant Internet surveillance in the workplace.

While acknowledging that employers have the right to know how workers are using company equipment during office hours, privacy advocates argue that managers also have a duty to inform their employees they are being monitored.

"It becomes covert surveillance and that's a trickier kind of thing," says Brenda McPhail, the director of the Canadian Civil Liberties Association's Privacy, Surveillance and Technology Project. "If they're doing this and it's above board, they have the right to do it, but they also need to tell employees exactly what's happening."

Such constant monitoring also erodes the worker-manager relationship, she says.

FASHION

# GQ names Trudeau most stylish politician

He's sexy, he's suave and he's prime minister — but is Justin Trudeau the most stylish politician in the world?

GQ seems to think so. The men's magazine editorial board named Trudeau "the most stylish politician alive right now."

"Justin Trudeau's meteoric rise from political young gun to Internet superhero might have something to do with the Canadian's Obama-like levels of chill," the publication wrote.

To be fair, Trudeau doesn't have much in the way of competition. U.S. President Barack Obama's dad jeans, U.K. Prime Minister David Cameron's polo shirts, and Russia's Vladimir Putin's penchant for going shirtless leave much to be desired sartorially. But there is an undeniable je ne sais quoi about Trudeau's sense of style, says Jeff Rustia, founder of Toronto Men's Fashion Week.

"It all goes hand in hand. The watch, the socks, the gear, the cars," he said.

Rustia says Trudeau has become the ambassador for Canadian men's fashion, embracing modern trends like slim-fitting suits, bold colours and athletic wear.

From his striped socks to his tan shoes, Trudeau has shown that he's not afraid of stepping out of the navy-black-charcoal palette typical of politicos.

But it's more than just what he wears, says Michael Nguyen, general manager of Garrison Bespoke, a Toronto-based custom tailor. It's how he wears it.

Having grown up in the spotlight, Trudeau has an easy confidence that makes wearing a suit seem as comfortable as a jogging suit.

"You can't buy (that) with money," Nguyen said.

TORSTAR NEWS SERVICE

THE CANADIAN PRESS

## IN BRIEF

**DNA points to accused as mother of dead babies found in storage locker**

DNA evidence suggests a woman accused of hiding the remains of infants in a storage locker she was renting could be their mother. Andrea Giesbrecht, who is 42, was charged with concealment in October 2014 after employees at a Winnipeg U-Haul facility made the discovery.

THE CANADIAN PRESS

**Homolka must be given chance to be re-enter society: Advocates**

Karla Homolka did her time and deserves a chance to start over, say advocates. The fact that Homolka had been living for some time in small-town Quebec suggests the she has reintegrated into society, says Kim Pate, executive director of the Canadian Association of Elizabeth Fry Societies. THE CANADIAN PRESS

Some scenes of 4-20, the annual day of celebration for cannabis culture lovers, across the country. METRO & THE CANADIAN PRESS

# Stoner culture could fizzle after legal weed

MARIJUANA

## Legalization hangs like a cloud over 4/20 celebrations

Stoner subculture will likely take a hit with the incoming legalization of marijuana in Canada because as the cause vanishes, so will celebration of the drug, say experts.

The declaration comes as the federal government announced a spring 2017 deadline for introducing new marijuana laws and while thousands of people gathered across Canada for the annual April 20 "Weed Day" protest, also known as 4/20.

Protesting against cannabis prohibition has become a social movement with its own ideology and symbols, but that will likely change with the repeal of criminalization, said Benedikt Fischer, a senior scientist with the Centre for Addiction and Mental Health.

"Once marijuana becomes legalized, normalized, mainstream, the cause disappears," said Fischer. "I suspect these things will kind of fizzle away."

> Once marijuana becomes legalized, the cause disappears
> Benedikt Fischer

Lynne Belle-Isle, co-founder of the Canadian Drug Policy Coalition, agreed that with legalization the appeal of smoking up in rebellion could disappear. She said society could benefit as messaging is developed around using the drug more safely.

"Like alcohol, if you see your parents having a glass of wine with dinner, it's no big deal. You learn responsible use if that's what you're exposed to," she said.

"Social norms get created when you're able to do it openly, that doesn't happen when people have to hide."

Earlier in the day, Health Minister Jane Philpott told a special United Nations session on drugs that the Liberal government is convinced marijuana legalization is the best way to protect youth and enhance public safety.

THE CANADIAN PRESS

**1 Queen Elizabeth II with her grandchildren and great-grandchildren** in the Green Drawing room at Windsor Castle in Windsor. **2** The U.K.'s Prince Charles, Queen Elizabeth II, the young Prince George, and Prince William, smiling during a photo shoot for the Royal Mail in 2015 in Buckingham Palace. **A stamp sheet, made from the photograph, was released to celebrate the Queen's 90th birthday. 3 The Queen poses on the steps of the east terrace** with four of her dogs in the garden of Windsor Castle. HANDOUT/AFP/GETTY IMAGES

# The Queen through the years

ROYAL FAMILY

## As Elizabeth II turns 90, here is a look at highs, lows of her reign

Queen Elizabeth II marks her 90th birthday on Thursday as Britons and many throughout the world celebrate her long and dignified reign. She will celebrate again in June with national events to mark her official birthday.

Here are answers to some questions about the queen's extraordinary life and times:

**WHEN DID SHE BECOME QUEEN?**

Elizabeth's life was changed forever in 1936 when her uncle, King Edward VIII, abdicated so he could marry his divorced lover Wallis Simpson. This made her father the king and Elizabeth heir to the throne. King George VI's health failed, however, and he was too ill for a planned tour of the Commonwealth in 1952, so he sent Elizabeth and her husband, Prince Philip, in his place.

They were staying in a remote part of Kenya on Feb. 6, 1952, when she was told that the king had died. She automatically became queen upon her father's death, although the official coronation did not take place for more than a year.

**HOW DID ELIZABETH WEATHER WORLD WAR II?**

Elizabeth was a young princess during World War II, and her father King George VI was concerned for her safety as London came under the repeated German bombing raids known as The Blitz. She and her sister Princess Margaret were moved to Windsor Castle, 40 kilometres west of London for security reasons. She later persuaded her parents to let her serve in the Auxiliary Transport Service, where she learned how to drive and repair ambulances and trucks as part of the war effort. She was assigned number 230873 while in the service.

**HAS THE QUEEN EVER COMPLAINED IN PUBLIC?**

No, that's just not done. The closest Elizabeth has come to exhibiting human frailty to her subjects was in 1992, when she made a rare admission that her life, so picture perfect on the outside, was marred by the marital woes of three of her four children. She didn't complain in English, however, looking to Latin to proclaim it had been something of an "annus horribilis" — a horrible year that included a disastrous fire at her beloved Windsor Castle.

**WHAT WAS THE LOW POINT OF HER MONARCHY?**

This would undoubtedly be the stormy days that followed Princess Diana's sudden death in a car crash in August 1997. The princess was tremendously popular, and many held the royal family responsible for her unpleasant divorce from Prince Charles. The queen was castigated in the press for not returning to London immediately after Diana's death and for not flying the royal standard atop the palace at half-staff as a sign of respect.

**DOES THE QUEEN PLAN TO RETIRE?**

The strong-willed queen has given no indication she plans to leave the throne, and has described her unique position as a "job for life." Her own mother lived to be 101, and was generally in fine fettle in her final years. Still, it is possible Elizabeth would step down if she developed severe problems that made it impossible for her to carry out her role.

THE ASSOCIATED PRESS

U.S. ELECTION

## Clinton close to nomination, Trump strengthens hand

Hillary Clinton, the nearly unstoppable Democrat, and Republican front-runner Donald Trump accelerated Wednesday toward upcoming primaries on an increasingly direct path to presidential nominations after trouncing party challengers in New York.

Clinton, now 81 per cent of the way toward clinching the Democratic nomination that eluded her eight years ago, can lose every remaining contest and still prevail. Her sweeping victory in the New York primary called into question the durability of Bernie Sanders' rival campaign and left him with severely limited options for overtaking her.

Hillary Clinton is now 81 per cent of the way towards clinching the Democratic nomination. Donald Trump, however, is still not in the clear for the Republican nomination. AFP/GETTY IMAGES

While Trump strengthened his hand, he is still not in the clear.

Trump is focused heavily on clinching the Republican nomination through voters' balloting in state primaries, thus avoiding a contested national convention in Cleveland in July. The businessman's win in his home state keeps him on a path to securing the 1,237 delegates he needs, though he'll have to perform well in the round of primaries in Pennsylvania, Maryland, Connecticut, Rhode Island and Delaware on Tuesday and in California's huge contest on June 7.

His chief rival, Texas Sen. Ted Cruz, has no mathematical path to getting the nomination through primary voting. But he sees a window to snatch the nomination from Trump at the convention, and his campaign is working feverishly to line up delegates who would support him if Trump fails to prevail on a first ballot.

The side-by-side Republican efforts at this late stage — with Trump amassing primary victories while Cruz digs for the support of delegates who could settle the nomination — are unprecedented in recent presidential campaigns and add to the deeply uncertain nature of the race.

Clinton's win in New York, a state she represented in the Senate for eight years, halted Sanders' recent string of victories and put her in a stronger position heading into the next contests. She could lose them all and still win the nomination — if she did well enough to win some delegates. Sen. Sanders' advisers offered no signs of giving up before the Democrats' Philadelphia convention.

THE ASSOCIATED PRESS

MEDITERRANEAN

## Hundreds feared dead in shipwreck

Up to 500 people are feared dead after a shipwreck in the Mediterranean Sea last week, the UN refugee agency said Wednesday, citing the accounts of survivors.

The disaster happened in waters between Italy and Libya, based on accounts from 41 survivors who were rescued on April 16 by a merchant ship, UNHCR said. The agency said that if confirmed, it would be one of the deadliest tragedies on the Mediterranean in the last year.

The survivors said they had been among 100 to 200 people who left a town near Tobruk, Libya, on a smugglers' boat last week. The agency said Wednesday that "after sailing for several hours, the smugglers in charge of the boat attempted to transfer the passengers to a larger ship carrying hundreds of people in terribly overcrowded conditions."

"At one point during the transfer, the larger boat capsized and sank," UNHCR said in a statement, saying that its staff had visited the survivors at a local stadium in Kalamata, Greece, where they have been housed by authorities while they undergo "police procedures."

Barbara Molinario, a Rome-based spokeswoman for UNHCR, said details remained unclear.

The statements offered the most official comment yet following repeated news reports about the incident in recent days.

Somalia's president, prime minister and parliamentary speaker on Monday issued a joint statement over an unconfirmed report about the incident. Reports of the drownings circulated among families and on social media, but they hadn't been confirmed by coast guard authorities.

More than 1 million migrants and refugees crossed the Mediterranean last year— mostly refugees from war in Afghanistan, Iraq and Syria fleeing to Greece, and the European Union, via Turkey. However, the longer Libya-Italy route has traditionally seen more deaths. THE ASSOCIATED PRESS

### EU IN CRISIS

Facing internal divisions, the EU has struggled to cope with the influx, and UNHCR on Wednesday reiterated its longstanding call for more "regular pathways" to Europe, such as with resettlement and humanitarian admission, family reunification, private sponsorship and student and work visas.

THE ASSOCIATED PRESS

# Car industry drives into trouble

Mitsubishi Motors Corp. is not the first major automaker to run afoul of regulators. In fact, its admission that employees had intentionally falsified fuel mileage data for several vehicle models adds its name to a growing list of auto industry names whose brand has been tarnished.

**TAKATA CORP.**

**The issue:** Airbags made by the Japanese parts supplier for Honda and 13 other global automakers are at risk of exploding when deployed, sending bits of metal shrapnel into drivers and passengers.

Nine fatalities and more than 100 injuries have been linked to the faulty airbags. That's out of 1.2 million airbag deployments over the same period. Affected vehicles are from model years 2002 to 2015.

**The fallout:** The auto industry's biggest-ever recall has spread to at least 25 million vehicles, including 1.2 million in Canada. For most Canadians, replacement parts won't be available until this fall. Takata said it's still investigating the cause of the malfunction.

**VOLKSWAGEN GROUP**

**The issue:** The German automaker admitted in September 2015 that it had deliberately cheated emissions tests by programming pollution controls to turn on only under test conditions.

Under normal driving conditions, the vehicles were emitting 10 to 40 times the legal pollution limits, the U.S. Environmental Protection Agency estimated.

**The fallout:** The device was installed on 11 million cars worldwide, including some Audis and Porsches, for the model years 2009 to 2016. The company is working on a fix. Meanwhile, no additional models can be sold.

**GENERAL MOTORS**

**The issue:** A faulty ignition switch in its small cars spontaneously shut off, cutting power to the steering wheel and airbags. The scandal was compounded because it took the company nearly a decade to disclose the problem.

**The fallout:** In 2014, GM recalled 2.6 million vehicles because of faulty ignition switches that were implicated in 124 deaths and 275 injuries, including some in Canada.

**TOYOTA**

**The issue:** Faulty gas pedals would suddenly accelerate out of control. The effect of the recall was immense to an auto company that had been noted for its high-quality products.

**The fallout:** The firm initially blamed floor mats. But in 2011, after 12 deaths were linked to the problem, Toyota recalled 10 million cars and redesigned the accelerator.

**HYUNDAI/KIA**

**The issue:** The automakers were accused by the U.S. Environmental Protection Agency in 2012 of overstating their fuel efficiency claims.

**The fallout:** Hyundai and Kia voluntarily lowered their fuel efficiency claims, prompting lawsuits from affected customers. TORSTAR NEWS SERVICE

MALM DRESSE

# Ikea reissues safety warning

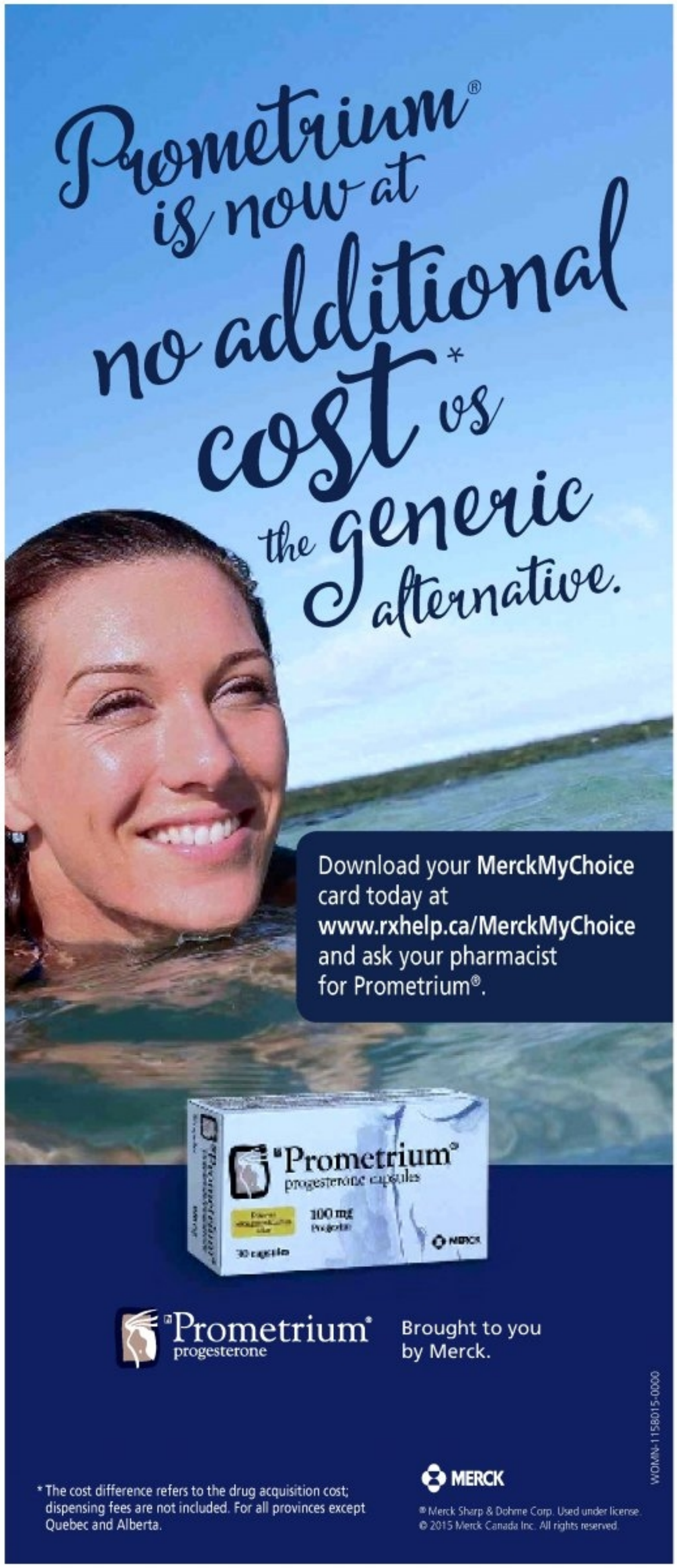
Colin McNeil
Metro | Toronto

Ikea is again reminding customers of the importance of wall anchoring their assemble-it-yourself furniture after a U.S. toddler's death. The reissued safety warning comes after a Malm dresser toppled over and killed 22-month-old Minnesota boy. The boy managed to tip the chest over onto himself.

Ikea says the chest was not properly anchored to the wall.

Ikea issued the warning for the first time last summer, after two young children died in separate incidents when Malm dressers fell on them.

Lawyers for the family of one of the children, a two-year-old boy from Pennsylvania, have launched a website calling for Ikea to issue a recall.



metro VIEWS
Your essential daily news
Thursday, April 21, 2016

## CHANTAL HÉBERT ON CHANGING VOTER DEMOGRAPHICS

# The Liberals were the main beneficiaries of a higher level of youth engagement in the electoral process last fall but that does not mean they can take that support for granted.

But for young millennial voters Justin Trudeau might not have won a majority victory last fall.

As an Abacus Data study confirmed this week, the younger cohort of the electorate tilted the balance in favour of the Liberals. By turning out in greater numbers and coalescing behind Trudeau, voters aged 18-25 almost certainly made a difference between a minority and a majority.

Early indications suggest the Liberals were the preferred choice of a plurality of younger voters (45 per cent) beating the NDP (25 per cent) and the Conservatives (20 per cent). In comparison to 2011, turnout among that age group went up 12 percentage points.

Before dismissing the growth of the youth vote and its impact on the election outcome as a one off — essentially due to Trudeau's status as a political rock star — it might be prudent to consider that the reverse could turn out to be true.

In politics, empowerment and engagement tend to come as a pair. The sense that one's vote can make a difference is one of the main incentives to continue exercising one's franchise. On that score, the experience was positive for many of those who voted for the first time in 2015.

In the big picture, no federal party can afford to ignore the changing demographics of the electorate.

**Trudeau's edge with young voters could be blunted by leadership changes of other parties.**

As the Abacus report points out, by the next election all millennials (born approximately between 1980 and 2000) will have a vote. Their generation will make up the electorate's largest cohort.

The Liberals were the main beneficiaries of a higher level of youth engagement in the electoral process last fall but that does not mean they can take that support for granted.

Come 2019, Trudeau's edge with young voters could be blunted by the upcoming leadership changes at the helm of the other parties. Over the course of his first mandate, Trudeau also stands to lose some of the patina that allowed him to cast himself as the greatest agent of change last fall. It is often easier to like an underdog than an incumbent.

Many New Democrats came out of the 2015 campaign feeling they had been outflanked on the front of generational change. That widespread sense contributed to Thomas Mulcair's demise at the hands of party members earlier this month.

But before the NDP concludes that a younger leader could act as a magic bullet for what ails it, it might consider that under Jack Layton, in 2011, the NDP was the preferred choice of the younger cohort. Mulcair's failure to keep that connection is alive had more to do with the larger failure of the NDP campaign to connect with the electorate at large than with the age of the leader.

More so than any of its predecessors, the millennial generation was raised in a culturally diverse Canada. That theme happens to be a constant in Trudeau's political discourse and it is reflected in his caucus. Looking at the delegates at the NDP convention in Edmonton, one had to look hard for evidence of the country's cultural diversity.

Even before the last election polls showed that if younger voters were left to decide who should run Canada, the Conservatives would come dead last — behind the Green Party. Under Stephen Harper the party worked hard at hanging on to that last place.

The dismissive Conservative discourse on climate change; the reluctant acceptance of marriage rights for same-sex couples; the over-the-top fear campaign over the legalization of marijuana all seemed designed to drive millennials away. The party's reductive depiction of Trudeau's leadership might as well have been calculated to come across as a generational putdown.

Like their elders, younger Canadians believe bread-and-butter issues like jobs should sit at the top of the to-do list of the federal government. But also like a majority of their elders, they crave aspirational politics and believe in the virtues of government activism.

Those are generational traits that a decade of Conservative counter-spin probably exacerbated rather than diminished. On that basis, Trudeau should share the credit for the higher youth engagement that had such defining impact on the last election with Harper.

**Chantal Hébert** is a national affairs writer. Her column appears in Metro every Thursday.

### THE MICROTREND: Men faking orgasms

Remember when Seinfeld's Kramer admitted to being an orgasm faker? Ha! Where do they come up with this stuff, right? Well ... Researchers at Université du Québec à Montréal recently asked 230 men aged 18-29 whether they had ever faked an orgasm. On average, the respondents reported having faked it in 25 per cent of encounters. Reasons given: Because they were drunk, because they wanted to impress partners, because, as the K-man himself once put it, "It's enough already and I just want to get some sleep." (Sounds like what women might say.) And to what, pray tell, do the researchers ascribe this phenomenon? The patriarchy, of all things. In brief: Men expect themselves to have orgasms at will, and, by dint of their "prowess," to be able to induce them. Hence a vicious cycle of gender-role-reinforcing subterfuge we weren't even fully aware of. SOURCE: COSMOPOLITAN

## ROSEMARY WESTWOOD

# Not leaning in? You just haven't gone to the right conference yet

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People mag names Jennifer Aniston, 47, the World's Most Beautiful Woman

# Bif bares her soul

MUSIC

## Punk great launches tour for memoir and acoustic sound

Elisha Dacey
Metro | Winnipeg

One would expect a memoir by Canada's queen of punk to be more about heavy days of partying than facing breast cancer or embracing yoga.

But Bif Naked defies the stereotypes in her new memoir, I, Bificus, launched across the country Tuesday.

"I was encouraged for a long time by my manager Peter, who's been my manager for 25 years," says Bif, speaking to Metro from her home in Vancouver.

"I think after breast cancer, I had a heart surgery in 2012, just with my divorce (she married Vancouver sports writer Ian Walker), the stories kept coming up over the years.

"There's part of me that didn't want to write a book because I felt it was so, you know, the classic book of secrets. It was just so common, all these musicians were writing books. It was like everyone was aging out, so these books came to be."

The memoir takes the reader on Bif's journey from being adopted by American Missionaries from her teenage New Delhi parents, through her time in Winnipeg, her marriage and divorce, and delves into things like her bisexuality and her parents' influence.

"I interviewed my parents. I really wanted to include them in the book and I wanted their life's work they were doing in the '60s and their missionary work. They're a huge influence."

Out of the book a tour has been born, one that features both her latest acoustic songs and excerpts from the book. "It's more like a play," she said. "The tour is called Songs and Stories, we'll be reading from the book and then playing some songs, some audience stuff."

That audience participation is why she chose smaller venues for the tour. "It just seems to work better. I like to have the audience participate a little bit," even though it can get cheeky, said Bif, noting she once had a guy moon his boss on stage.

A part-time motivational speaker, Bif said speaking to a crowd is much different from doing a reading.

"Reading, instead of speaking, is a lot — you know, I had to get glasses. I had to get glasses! F—! What am I going to do? So that's funny, I don't know how that's going to work."

**IN PERSON**

**The songs and stories tour dates:**

- May 12 at the Venue in Vancouver
- May 13 at the Marquee in Calgary
- May 14 at The Needle in Edmonton
- May 16 at The Park Theatre in Winnipeg
- May 17 at Adelaide Hall in Toronto.

METRO

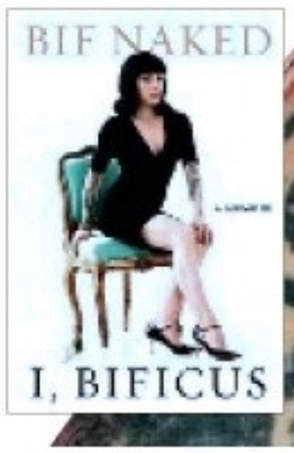


PHOTO BY KAROLINA TUREK

JOHANNA SCHNELLER WHAT I'M WATCHING

## Unbelievable insults from a young woman

**THE SHOW: Doctor Foster, Season 1, Episode 5 (Lifetime/Netflix)**
**THE MOMENT: The Bitch Slap**

Dr. Gemma Foster (Suranne Jones), who's 37, and her husband Simon (Bertie Carvel), who's 40, are having dinner at their neighbours, the Parks. The Parks don't know that their 23-year-old daughter Kate (Jodie Comer) is sleeping with Simon. They're about to find out.

Calmly, eating all the while, Gemma drops bomb after bomb about Kate (who's seated beside her), and about Simon's business deal with Parks. "You're a bitch," Kate says.

"Bitch is right," Gemma replies. "And I'm a wolf tonight."

Kate stands to leave. Suddenly, she smacks Gemma on the back of the head. "You ancient f—king cow!" Kate cries.

If this show were a book, this is the moment I'd have thrown it across the room. A few episodes ago, I'd been intrigued. I love Jones (Scott & Bailey), and to watch her think her way through an emotional thriller? Sign me up.

But soon alarm bells were sounding. Every woman here is treacherous; they're jealous of Gemma, or think she's a snob, or both. And this is the level of insight into why Simon cheated: "All men want to."

It was the word "ancient" that did me in, though. It wasn't the first time Kate called Gemma old, but it was the most ridiculous. I don't buy that a 23-year-old who's sleeping with a 40-year-old would call a 37-year-old — who looks like Jones — a hag.

If you're going to turn a domestic drama into The Real Housewives of Small-Town England, you've got to give me something better than that.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

**Every woman seems jealous of Dr. Gemma Foster, left.**
CONTRIBUTED

# Meet the Cali girl who talks back

AUTHOR INTERVIEW

## Teen character in YA novel defends her queer family

Melita Kuburas
Metro | Canada

Anti-gay laws in North Carolina and Mississippi are all over the news on the day Mariko Tamaki and I speak in early April. Bruce Springsteen cancelled his show in Greensboro, North Carolina, scheduled for the previous night, and his stand "against prejudice and bigotry" is all over Facebook.

As legislation in these Republican-controlled Southern states encroaches on the rights of gay, lesbian, bisexual and transgender individuals in the U.S., stories of people being denied marriage licences and using the bathroom of their choice are becoming more common.

Tamaki tackles the subject of religion and sexuality in her new young adult book, Saving Montgomery Sole. The Canadian author says she sometimes can't even look at her news feed because of the flood of articles about people within the LGBT community being denied their rights.

"It's something that I really struggled with — this movement by a religious right to discriminate against and to curtail the rights of a group of people. I find it really hard to deal with. So I try to tap into that a little bit in this book," says Tamaki, who now lives in California.

Tamaki wanted to create a character who talks back — someone who is "intensely vocal" about discrimination based on sexuality.

Her valiant heroine is Montgomery Sole, a high school student with a curiosity for retro experiments like backmasking, and ordering magic stones with special powers over the internet for her Mystery Club.

Unsurprisingly, Montgomery's style of oversize, stained clothing (hand-me-downs from one of her moms) and insatiable appetite for pizza, pancakes and avocados make her an outsider in Aunty, California, where everyone is obsessed with carb-free froyo. But the bullying escalates whenever the focus turns to her family — her lesbian moms and the fact that Montgomery and her younger sister, Tesla, were conceived from a sperm donor.

At Tesla's soccer game, when the moms go in for a smooch, a snotty teen sitting in the bleachers described as High Bun grouses: "Let's get out of here before they like, rape us." Monty is within earshot.

But it isn't until a religious preacher known on YouTube for his "The Reverend White vs. Gay Wedding" videos moves into town that things escalate for Monty.

As the reverend tries to impose his "save the American family" message on others, the consequences reverberate through the school. But Montgomery becomes even more frustrated when her own sister wants to start praying, going to church and mounts a cross on her bedroom door.

Tamaki wanted to present two different perspectives on religion in the book.

"Christianity is about community and love and forgiveness, but it's also got this other layer to it. I wanted to try to blur all those things and also to explore conflict within a family where you have a situation like discrimination and how various people experience it and deal with," she says.

She's had her own positive experiences with religion and growing up in Toronto.

"It's not that I think that the experience of discrimination is across the board," she says. "So there's a variety of people who represent different perspectives and approaches in this book."

**PREVIOUS WORK**

Mariko Tamaki's last book, This One Summer, was in February pulled from school libraries in Florida for sexual content. Though the coming-of-age graphic novel was never meant for kids, it was awarded the Caldecott Honor, a prize for the 'most distinguished American picture book for children,' which may have caused confusion, the author says. "I don't think it's for kids but I don't think it's a book to be banned."

Tamaki happened to be in Florida at the time — amused by the dramatic TV news stories, she says she contemplated going to the districts herself.

What would she have done in response?

"I don't know, probably eaten an ice cream on the steps or something," she jokes.

**Saving Montgomery Sole by Mariko Tamaki is out now.** CONTRIBUTED

BOOKWORM

## 'Local stranger' in a strange land

Sue Carter
For Metro Canada

Sara Baume was in her twenties, living in an apartment above a hair salon in a coastal Irish village, when the rescue dog first came into her life. She was feeling like an outsider and struggling with her career as a sculptor.

The dog had lost an eye in a badger-baiting fight — a vicious, illegal blood sport in which canines are pitted to the death against the feisty weasel-like mammals. Usually, injured animals are euthanized but for some unknown reason this dog survived, and found his way into a local shelter.

"I wanted to feel like I had done something good; that I could look after something, that something could rely on me," says Baume. "So I got the most lost-cause dog I could find. No one wanted him."

Baume's relationship with her dog became the inspiration for her debut novel, Spill Simmer Falter Wither, published in North America by HMH Books.

It's the heartbreaking but beautifully told story of a fifty-something-year-old man, who despite the fact that he grew up and has never left his small Irish town, is openly shunned and treated with suspicion by the community.

Still living in his childhood home, he is haunted by the memory of his abusive father and unable to emotionally connect with, let alone talk to, other humans.

He impulsively decides to adopt a mangy, one-eyed dog, but when the animal is accused of biting a child, the man panics and the two make their escape.

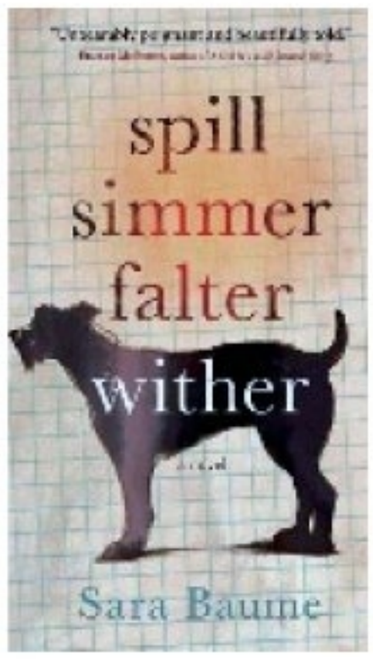
"This is a guy who feels lonely because he feels watched in a way. He knows that everyone knows who he is, and can't put a foot wrong for something as simple as his dog biting someone without feeling demonized by the locals who have always been suspicious because he's not really one of them," says Baume, who believes that the character came out of her own feelings of being treated like a "local stranger."

The seaside village Baume captured in the book is modelled after the one in which she was residing, after a decade of living in Dublin. "When the tide went out it was just mudflats and there was a power station on one side and an oil refinery on the other," she says. "It was a strange, strange little town."

Despite its lack of beauty, Baume pulled details from the local landscape into the novel; observations she made while taking her dog out over the changing seasons.

Although Spill Simmer Falter Wither quickly established Baume as a novelist to watch — she won the 2015 Rooney Prize for Irish Literature given to emerging writers under the age of 40 — she still considers her writing as part of her broader artistic practice.

"In many ways I'm doing what I did as a sculptor," she says, "using the materials of everyday life, found objects and images, and piecing them together."



metro HOME
Your essential daily news

Gardeners can help protect butterfly populations by planting milkweed plants

MEET THE CONDO

# The new Student life

## Project overview

Envie Student, started in December of 2014, is a completely self-contained off-campus community. The site will be home to a second tower in August 2018. Envie Student offers secure rooms and spaces where students can network and study.

## Housing amenities

All the units are fully furnished with living and kitchen areas in each suite. Internet is included in the monthly rent. The units are modern and stylish, while housekeeping services and an onsite retail marketplace make life easier. The building also includes quiet studies, meeting rooms and recreation facilities.

## In the neighbourhood

Located in Little Italy, Envie Student connects residents to a vibrant community with amazing restaurants and night life. The culture and neighbourhood environment make it a great place to hang out. Dow's Lake and the Rideau Canal are minutes away, with multiple walking and biking paths.

## Location and transit

The Envie building is near Hwy 417 and only five minutes away from Carleton University by O-Train. Bussing to the University of Ottawa takes about 20 minutes, while Algonquin College takes 30 minutes. The future LRT will broaden transit options, and there are numerous places to shop in the area.

ILANA REIMER/FOR METRO

CONTRIBUTED

### NEED TO KNOW

**What:** Envie Student
**Builder:** Ashcroft Homes
**Designer:** David Blakely Architects
**Location:** 101 Champagne Ave. S.
**Building:** Two-tower student condominium project
**Pricing:** Monthly rentals start at $650 and go up to $1,370
**Model:** Singles, doubles, triples and quads
**Status:** Now selling
**Occupancy:** August 2016
**Sales centre:** 101 Champagne Ave. S.
**Phone:** 613-221-5916
**Website:** enviestudent.com

CRAFTS

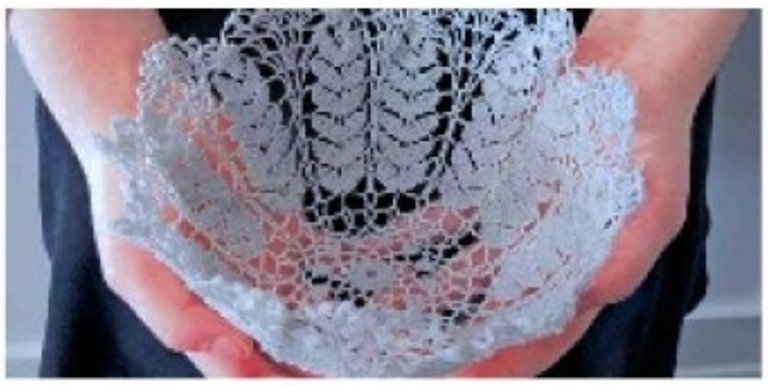
# DIY lace doilies that can do more than just protect surfaces

Stuck with grandma's old lace doilies? Turn them into fashionable bowls you can use. Breathe new life into that stash of crocheted doilies you inherited or pick some up from a thrift shop. They are easily transformed into sturdy bowls to stash all sorts of odds and ends.

**Step 1: Gather and shop for the supplies:**
We used a fabric stiffener readily available at craft stores, but you can also look online for recipes made using sugar water or corn starch or potato starch as stiffeners. Choose bowls that are slightly larger than the doily. Try experimenting with different sized bowls and doilies. You will need:

- Lace doilies, any size with a white background
- Bowls
- Fabric stiffener (we used Mod Podge Stiffy)
- Plastic wrap
- Plastic container for fabric stiffener

**Step 2: Prepare and protect the bowls by wrapping them in plastic.**



**Doilies easily turn into sturdy bowls.** TORSTAR NEWS SERVICE

Turn the bowl upside down and wrap the outside of the bowl in a layer of plastic wrap to prevent the fabric stiffener from sticking to it and making a mess. Ensure that the plastic wrap is wrapped snugly around the bowl.

**Step 3: Soak the doily in the fabric stiffener mixture until saturated.**
Pour the fabric stiffener product into a plastic container. Submerge the doily in the stiffener, soaking it completely. Squeeze out excess liquid.

**Step 4: Place the doily over the bowl and let dry.**
Drape the soaked doily over the bowl. Be sure to centre the doily on the bowl and use your fingers to smooth and press the doily so it is as flat and smooth as possible. This will ensure the doily will have a flat bottom so it sits flat on a table. Let the doily dry on the bowl for approximately 24 hours or until the doily is completely dry.

**Step 5: Remove the doily from the mould.**
Once the doily is completely dry, gently loosen the doily from the plastic wrapped bowl.

TORSTAR NEWS SERVICE

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# Recipes for DIY green cleaning

ENVIRONMENT

## Superstar products to keep your home at its best

With Earth Day on April 22, you might be looking for a greener way to keep your home clean. As well as reducing exposure to synthetic chemical components, DIY products are great money-savers.

To get started making your own cleaning products, stock up on these five key ingredients: white vinegar, household soap, bicarbonate of soda, lemon and essential oils.

**The stars of green cleaning are vinegar, household soap, bicarbonate of soda, lemon and essential oils.** AFP

### A multi-purpose cleaner

Keep it simple by mixing a multi-purpose cleaning product for tiled surfaces, laminate and melamine-finished surfaces, kettles, water jugs, etc. To a one litre bottle or container, add one tablespoon of bicarbonate of soda, one tablespoon of white vinegar and one tablespoon of the essential oil of your choice (lavender, rosemary, lemon or lime). Top up with a litre of hot water to dissolve all the ingredients. Close the lid and give the bottle a good shake to mix.

### Floor cleaner

Fill a bucket with 10 litres of water then add three tablespoons of liquid black soap and two tablespoons of soda crystals. Then add a dozen drops of tea tree essential oil and a few drops of lemon or orange essential oil to give the mix a pleasant scent.

### Liquid dish soap

To make natural dishwashing liquid, fill an old dish soap bottle (thoroughly washed) with 60 centilitres (about 3 cups) of liquid household soap (Castile soap, Marseille soap, etc.). Then add 15 drops of lemon essential oil, six drops of lavender essential oil and five drops of bergamot essential oil, plus one teaspoon of bicarbonate of soda. Shake well.

**TIP**

**Keep old containers — such as squeeze bottles, spray bottles and detergent bottles — to use for your own concoctions.**

### Fridge cleanser

Lemon is nature's ultimate antibacterial and odour-fighting agent. This makes it ideal for cleaning inside fridges. To get the best out of its properties, mix two tablespoons of bicarbonate of soda with the juice of half a lemon and five drops of lemon essential oil into a bowl of warm water.

### Dusting and polishing spray

Black soap is cheaper than industrially made products for dusting furniture. To make a litre, add a knob of black soap and five drops of eucalyptus or grapefruit essential oil to a spray bottle and mix.

### Window cleaner

Vinegar is the product of choice for green windows cleaning with smear-free sparkle. To make a half litre of window cleaning spray, mix 400 ml of white vinegar with 100 ml of water, then add five drops of tea tree or orange essential oil. Pour the mix into a spray bottle. AFP

### + DETERGENT

Make your own 100 per cent natural laundry detergent:

• Buy a box of household soap flakes. To make two litres of detergent, heat a liter of water then add 100g of soap flakes and three tablespoons of bicarbonate of soda.

• Mix until the flakes have fully dissolved then leave the mixture to stand for at least an hour. Pour the liquid into a storage container, top up with a litre of lukewarm water, then add a few drops of essential oil.

• Shake well. If the product still seems too thick the next day, it can be diluted with a litre of water. Switch the bicarbonate of soda for soda crystals to make laundry detergent for colours.

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TAMARACK

# Former farmland sees rapid growth

The Rideau River lies between Riverside South and Barrhaven. CONTRIBUTED

RIVERSIDE SOUTH AND BARRHAVEN

## Residents enjoy plenty of lush green space

**Jen Traplin**

For the last three decades, the scenery of what was once sparse farmland south of Ottawa has been transforming into a sprawling suburban landscape, particularly in Riverside South and Barrhaven.

Before amalgamation in 2001, there were roughly 35,000 people living in Barrhaven. These days, the population is nearly 75,000, and it's estimated that number will surpass 100,000 in just a few years.

The area is made up of roughly two dozen small neighbourhoods, including Davidson Heights, Chapman Mills, Barrhaven on the Green, Stonebridge (which encompasses Stonebridge Golf Club), Half Moon Bay and Longfields.

On top of continual residential development, more commercial spaces have recently been filled in Barrhaven, offering residents a number of convenient shopping options.

Tucked between the Greenbelt to the north, the Rideau River to the east and the Jock River to the south, Barrhaven residents also enjoy plenty of lush green space and natural waterways.

Across the Rideau River to the east is Riverside South, which is connected to Barrhaven via the Vimy Memorial Bridge. Just over 10,000 people call Riverside South home but the area is growing rapidly. Most of the homes there have been built in the last 20 years.

Already just a 20 minute drive from downtown Ottawa, soon it will be even easier to commute in and out of the city as light rail will extend to Riverside South by 2023. By that time, it's estimated the population in Riverside South will be closer to 50,000.

## Ottawa *South*

**Transportation:** Both Riverside South and Barrhaven are serviced by OC Transpo buses. Additionally, the LRT Trillium Line, which was originally planned to travel to Barrhaven before those plans were scrapped, will extend to Riverside South by 2023. While there are no current plans for additional light rail service to Barrhaven, the area has a number of major transit stations along the bus-only Southwest Transitway.

**Shopping:** While there are few retail options in Riverside South (for the time being), there are plenty of places to shop in nearby Barrhaven. Two new shopping centres at the intersection of Strandherd Drive and Greenbank Road feature a Wal-Mart, Sobey's grocery store, Indigo Books and Music, Winners, Staples, Sport Chek, Loblaws and Best Buy among others. Smaller shopping plazas are also spread out throughout Barrhaven.

**Schools:** Barrhaven boasts a number of schools, including nine public elementary, one intermediate public school, two public high schools, 10 Catholic elementary schools and three Catholic high schools. Riverside South, meanwhile, is home to L'école élémentaire catholique Bernard-Grandmaître, the only school in Ottawa that has a Balanced School Calendar, which has a shortened summer vacation but additional weeks off throughout the school year.

**Entertainment:** Barrhaven is home to the Walter Baker Sports Centre and The Minto Recreation Complex, a new multi-use community center, at the corner of Cambrian and Greenbank. There is also a seven-screen movie theatre and a number of pubs and restaurants, including the always popular Heart and Crown.

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THIS SPEICIAL REPORT WAS CREATED AS A METROLAND/CONTENT SOLUTIONS JOINT FEATURE, INDEPENDENT OF METRO EDITORIAL

# Riverside South

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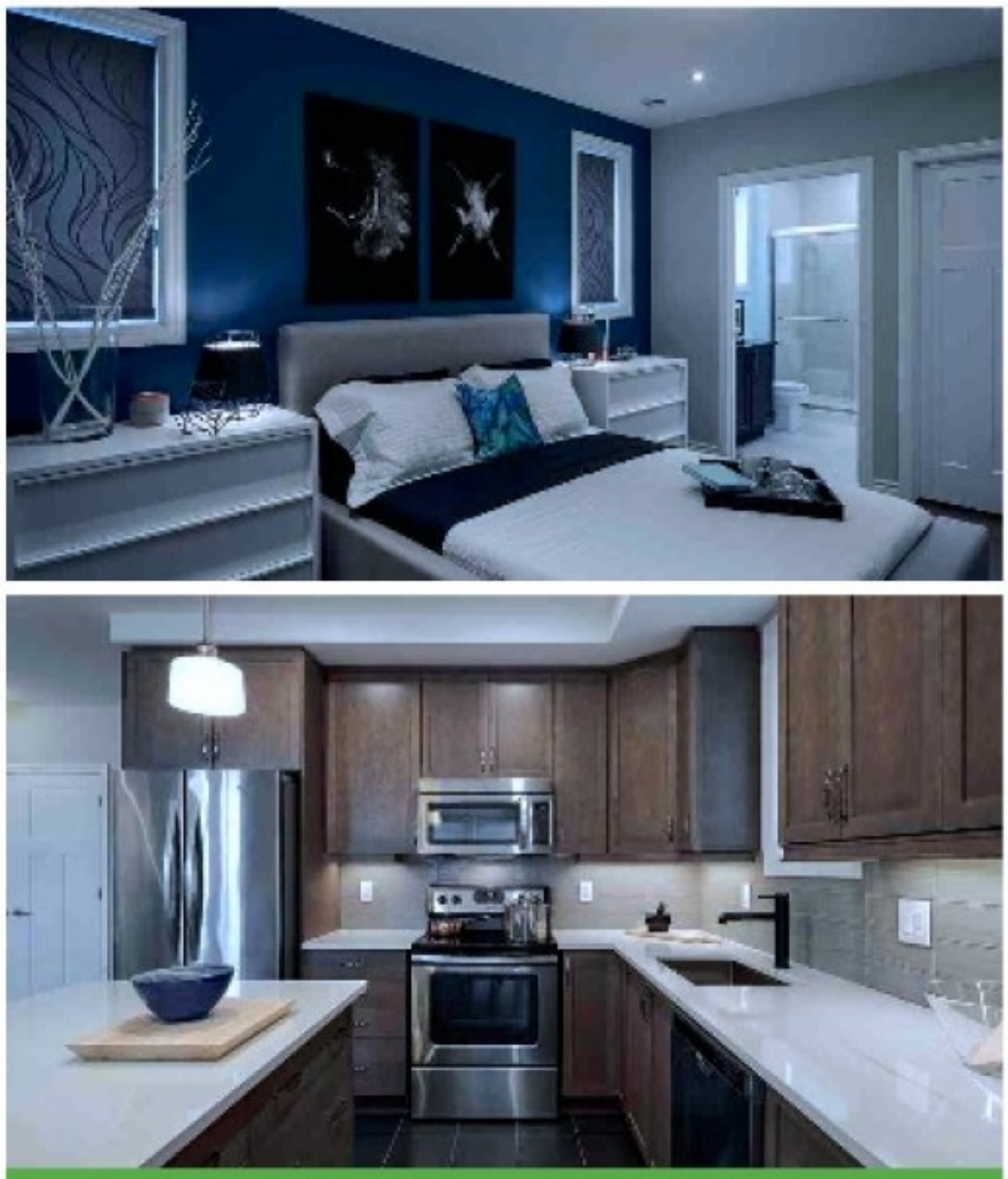



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# Taking pride in the community

WELCOME HOME

## It's a 'great place to have a family,' says Barrhaven City Councillor

Jen Traplin

The welcome sign on Greenbank Road entering Barrhaven. SCOTT BUCKINGHAM/WIKIPEDIA

For almost 20 years, Jan Harder has been the face and voice of Barrhaven. As City Councillor for Barrhaven Ward, Harder says she is most proud of the sense of community that has been established in the area in her nearly two decades at City Hall.

"The Mayor calls me 'The Grandmother of Barrhaven,'" Harder says with a laugh.

"Several years ago, I changed the sign as you come up Greenbank Road to really reflect who Barrhaven is. It says, 'Barrhaven — Welcome Home,' and many people have mentioned to me that it's really special."

This November will mark Harder's 19th year representing the people of Barrhaven. She's lived there for more than three decades and strongly believes the sense of community in Barrhaven is why the suburb has been the city's No. 1 growth area for the last number of years.

"It's a great place to have a family and to have good neighbours," she says.

Throughout her time as City Councillor, improving transit in Barrhaven has been one of Harder's main projects. She says area residents lose about two hours a day commuting and admits she still isn't happy plans for an LRT extension to Barrhaven were scrapped back in 2006 (the current plan is to bring light rail to nearby Riverside South instead).

Barrhaven does, however, have a dedicated rapid Transitway that quickly and easily connects residents to the downtown core via OC Transpo buses. The Transitway also ensures buses are no longer travelling on Woodroffe Avenue and Fallowfield Road, easing the traffic congestion on two of the area's busiest streets.

In order to get even more vehicles off local roads, Harder says she is now focused on creating more daytime employment opportunities in Barrhaven so more people can bike or walk to work.

"We've set the stage for that by approving the CitiGate lands, which are over at the 416 and Fallowfield, where we have zoning in place that will allow for 7,000-plus jobs there. It's a premier business park so it's for high end businesses," Harder explains.

# Riverside South population to expand

Up until 1996, Riverside South, one of Ottawa's newest suburbs, was home to just a handful of farms and houses. Today, more than 10,000 people live there and the population is expected to balloon in the next few years.

"It's a rapidly expanding neighbourhood," says Scott Thiel, president of the Riverside South Community Association (RSCA).

"I can't believe how much has changed and how much is going to change in the next little while."

Thiel and his family moved to the area about four years ago. He says the potential for growth, particularly with the opening of the Vimy Memorial Bridge (formerly the Strandherd-Armstrong Bridge), is what initially attracted him to Riverside South.

"We moved there before the bridge was finished. We recognized that, once that bridge went in, there's going to be opportunity to kind of be in the city but be out of the city. In Barrhaven, we have every amenity that we could possibly need without having to drive down Hunt Club or go downtown."

The Vimy Memorial Bridge crosses the Rideau River, connecting Earl Armstrong Road in Riverside South to Strandherd Road in Barrhaven. SAFFRON BLAZE/WIKIPEDIA

While he believes many others who have moved into to the area feel the same way, Thiel says there are a number of people who bought homes in Riverside South for the exact opposite reason — because it was quiet.

Today, though, Riverside South is no longer quiet. Since the opening of the Vimy Memorial Bridge, there has been an increase in traffic along River Road and Earl Armstrong Road is now a high speed route. There are also plans for more residential and commercial development.

Thiel says the RSCA is working with the City of Ottawa on its Community Design Plan for Riverside South in order to ensure those issues are addressed and that the vision for the rapidly expanding area is one that works for everyone.

Likely one of the biggest changes coming to Riverside South is light rail. The Trillium Line, which was originally supposed to extend to Barrhaven until those plans were scrapped a decade ago, will go to Riverside South instead. Construction is expected to wrap up in 2023.

JEN TRAPLIN

A METROLAND/CONTENT SOLUTIONS JOINT FEATURE, INDEPENDENT OF METRO EDITORIAL

# Knowing your furniture footprint

SIZE MATTERS

## Choose the right sofa or dining-room table best suited for your home

**Tanya Enberg**

When creating a knockout space with optimal function, flow and balance, selecting the right size of furniture is essential.

But, determining how big a sofa, chair or coffee table should be can stump many amateur designers.

"A lot of people make the basic mistake of either buying furniture too big or too small for the space," said Eva Healy, principal designer and owner of interior design firm, Avenue Design.

"Too big furniture won't make the most of the room and will create a bulky feel to the space, taking up the footprint without adding to the functionality of room," she said. "Furniture that is too small has the effect that everything is floating in the space and can look cluttered, as people try to make up for the fact that the room isn't filled by adding more pieces into it."

When approaching a new project, Julie Taylor, of Julie Taylor Interiors, says planning ahead saves plenty of headaches later. This means becoming good friends with your tape measure.

"If you can't get it through your door or down the staircase, you need to know now," she said.

"Also, map out the footprint of the furniture pieces you're considering. Use green painters tape on your floor, or create paper templates, so you'll know exactly how things will fit and if you'll have enough room to comfortably move around. Then go see the furniture pieces and try them out."

Meantime, Healy advises using a main piece, such as a sofa, as a focal point to anchor a room. Then, design from there, adding extra accent seating, a coffee table, and perhaps an ottoman.

"Think about the scale and proportion of the pieces you are looking for," Healy said.

"Remember that everything looks somewhat small in stores because they are sitting in a huge space with high ceilings," she said. "That same sofa or dining-room table that looks like the right size in the store might be too large in your own space once it's placed in an enclosed area with eight-foot ceilings."

Before perusing furniture and decor shops, take photographs of rooms being worked on and, if possible, go armed with a floor plan or dimensions, including the location and sizes of windows, a measuring tape, paint chips, and even flooring samples.

For those restyling on a budget, Taylor says even minor improvements can create a big impact, from a fresh coat of paint to eye-catching artwork, which she calls the "soul of the room."

While personal style is important, allowing aesthetic alone to be the main guide when purchasing an item can lead to a home-design flop.

"Keep the furniture neutral in colour, add pattern and texture in the area rug, accent pillows, artwork and drapery," said Taylor.

"These are items that can easily be changed out down the line but the expensive pieces withstand the test of time and whatever colour combo you want to do. Grey is still the go-to neutral as it's a clean starting point for both crisp whites and saturated colours, as well as jewel tones and beiges if you're more transitional or traditional in design aesthetic. There are many shades of grey, so keep in mind the accent colours you'll be using in the space and choose the right cool or warm grey to accommodate the general direction of the space."

**Eva Healy, principal designer and owner of interior design firm, Avenue Design, says furniture size is essential to the flow of the room.** JONATHAN NICHOLLS

# Texture and patterns help jazz up a space

Following years of minimalism, during which cool neutrals and subtle solids ruled the design scene, pattern is re-asserting itself. That's not surprising, given that geometrics, and motifs with flora and fauna have been cycling through home decor since we started painting on cave walls.

This spring, look for the emergence of jazzy wallpapers, embossed surfaces, architectural finishes, graphic pillows, and textiles embellished with embroidery.

Incorporating these decorative elements into a space can, however, pose a challenge for pattern-phobic homeowners.

In fact, accessories are the perfect way to introduce pattern, says design blogger Jennifer Flores, pointing to a spare room makeover she recently undertook.

"I thought about putting pattern in with wallpaper or moulding, but that felt like too big a commitment. I decided instead to use accessories," said Flores.

Another advantage to decorating with patterned pieces is that they can live in different rooms over time, says Flores.

"I think we are all more aware of not being such a disposable society. So I love the fact that you can use a blue patterned rug in a new room, and then move it to another space when you tire of it. All you need to do is bring in some other blue accessories for it to work. And it means you get a lot more longevity out of something you have invested in."

For those who are still pattern shy, Flores suggests that textured objects and textiles can perform a similar visual function.

"Texture can definitely play that role, especially textures that have that touchability," said Flores. "Think about velvet pillows and chunky throws. What makes a space memorable is when you engage as many senses as possible." VICKY SANDERSON

**This spring is all about funky wallpapers, graphic pillows, and textiles embellished with embroidery.** CONTRIBUTED

metro SPORTS

"The last word we heard is he's retired": Tony McGregor to Ireland's Independent newspaper on his son Conor's supposed retirement from UFC

# 'Glue guys' stick with data-driven Panthers

NHL

## Tough guy Thornton valued as great selfless leader

**A lot of teams would write off a career enforcer like Shawn Thornton, left, and a 44-year-old like Jaromir Jagr ... but not the Panthers.** TREVOR HAGAN/THE CANADIAN PRESS

The Florida Panthers heard the chuckling in late February when they re-signed 38-year-old forward Shawn Thornton for another season.

Thornton played less than nine minutes nightly in the regular season, scored one goal in 50 games and turns 39 this summer. But the Panthers, led by data-driven ownership from the world of Wall Street, place a high premium on "glue guys" like Thornton.

"He may play 30 games next year," Panthers co-owner Doug Cifu said in an interview, "but he's a guy, if he played five games, I'd want him on the road every night with our guys. If he played no games I'd want him on the road.

"I know the analytics guys probably chuckled when we signed him because I'm sure his Corsi and adjusted Corsi and all that stuff is not particularly favourable. But it's kind of like having a big brother in the locker-room who really can help mentor these young guys and teach them how to be professionals and teach them what it means to win and to sacrifice and to build a great team."

Cifu and Panthers principal owner Vincent Viola come from a world where data is king. They're leaders at Virtu Financial, a global electronic trading firm based in New York.

Understanding and employing data is central to their business as is computer-driven technology, which has mostly replaced those wildly gesticulating human traders on Wall Street.

But even Virtu, where Cifu serves as CEO, sees value in "cultural glue," people who buy into and advance a team-first mentality.

Virtu is small compared to competitors, with about 150 employees. Cifu said the firm is able to compete by employing people who understand the "mission" and know their role within the operation. Similarly, glue guys like Thornton play only a small role, but a role no less.

"I don't think we'd be at this point if we didn't have the older guys that have been in playoff runs and had successful seasons and won Stanley Cups," 23-year-old forward Nick Bjugstad said. "I think that's one of the most important parts, keeping us focused because we're young kids a lot of us.

"You've got to get a slap on the wrist every once in a while."

THE CANADIAN PRESS

> **If he was on Wall Street I would hire him. He cares a lot about the people around him.**
> Panthers co-owner Doug Cifu on Shawn Thornton

NHL PLAYOFFS

## Anti-gay slur nets Shaw suspension

**Andrew Shaw** GETTY IMAGES

The NHL suspended Blackhawks forward Andrew Shaw for one game Wednesday for yelling an anti-gay slur from the penalty box and fined him $5,000 for an inappropriate gesture toward the officials during Chicago's Game 4 loss at home to the St. Louis Blues.

Shaw will miss Game 5 in St. Louis on Thursday, and he will be required to undergo sensitivity training, according to the NHL announcement that came only hours after he quietly apologized for his outburst the previous night.

Shaw was sent off for interference at 17:56 of the third period, hurting Chicago's chance for a comeback in what ended up being a 4-3 loss that put the Stanley Cup champions on the brink of elimination from the playoffs. While sitting in the box, Shaw pounded on the glass with his stick and then yelled at someone on the ice.

It was video of the incident that went viral on social media, prompting sharp criticism and an NHL investigation.

Shaw scored a goal and had two assists in the loss.

THE ASSOCIATED PRESS

### IN BRIEF

**Syracuse legend dies at 52**

Dwayne (Pearl) Washington, who went from New York City playground wonder to Big East star for Jim Boeheim at Syracuse, has died. He was 52.

Washington died Wednesday of cancer, the university said.

With his amazing ball-handling skills and an uncanny court sense, Washington was instrumental in helping create the aura of greatness the Big East Conference had during its heyday in the 1980s and 1990s.

THE ASSOCIATED PRESS

**Hearing scheduled in Sharapova doping case**

A disciplinary hearing has been scheduled in Maria Sharapova's doping case, with a ruling possible before Wimbledon starts.

International Tennis Federation president David Haggerty said Wednesday that its doping cases typically take "two to three months" to process.

Sharapova was provisionally suspended after announcing on March 8 that she tested positive for meldonium at the Australian Open in January.

THE ASSOCIATED PRESS

NBA PLAYOFFS

# Joseph showing off the value of post-season experience

**Cory Joseph, left, has scored 34 points off the bench through two games against the Pacers.** RON TURENNE/NBAE VIA GETTY IMAGES

RAPTORS GAME 3 PREVIEW

Cory Joseph couldn't resist some good-natured needling.

Toronto's backup point guard was baiting 35-year-old Luis Scola, the Raptors' oldest player, earlier this week.

"He was asking how many playoff games I have played, and I knew where he was going: he was just trying to show off that he had played more playoff games than me, being the oldest player on the team," Scola said, through a giant-sized grin.

Joseph made 41 post-season appearances with the perennially contending San Antonio Spurs, and that number stuck out when the Raptors acquired him in the off-season.

Now, Joseph could be a dribbling, shooting billboard for the value of post-season experience. He's been arguably the most solid player through Toronto's two playoff games, and will be expected to bring that hustle off the bench again when the Raptors play the Pacers in Game 3 on Thursday in Indiana.

"To give an example, DeMar DeRozan had (11 playoff games) and Cory's been in 41," coach Dwane Casey said. "He wasn't the key guy (in San Antonio) but he was there, participating. He's been through the wringer a few times. It's huge for us, Cory Joseph has been great, he's got the high motor, he can go from 0-100 off the bench quickly and he's one of our toughest guys. It's a huge luxury to have a guy like that."

Joseph, who is from the Toronto suburb of Pickering, has scored 34 points on 11-for-14 shooting over the two games, and missed just one of his 12 free throws. He's also doled out six assists, and grabbed four rebounds and a pair of steals.

Joking aside, Scola is as big a fan of the 24-year-old Joseph as any.

"He's young, but he's been in San Antonio for many years," Scola said. "That's like an advanced, speed-up school for playoff basketball, you know?"

"So for him it's natural."

THE CANADIAN PRESS

## RECIPE Tuna White Bean Salad

PHOTO: MAYA VISNYEI

**Ceri Marsh & Laura Keogh**
For Metro Canada

We're the last people to jump on diet fads. Seriously. But if a person wanted to a low-carb dinner, this would be an excellent way to go.

**Ready in**
Prep time: 5 minutes
Cook time: 25 minutes

**Ingredients**
- 1 x 5 oz can of tuna
- 1 x 15 oz can of cannellini beans
- 1/4 cup red onion, diced fine
- 4 or 5 radishes, thinly sliced
- 8 or so cherry tomatoes, cut in half
- 1 bunch of arugula, washed, dried and trimmed
- 2 handfuls of fresh basil, washed, dried and trimmed
- 3 Tbsp lemon juice
- 2 Tbsp olive oil
- salt and pepper to taste

**Directions**

**1.** In a large-ish bowl, mix together the tuna, beans and onions.

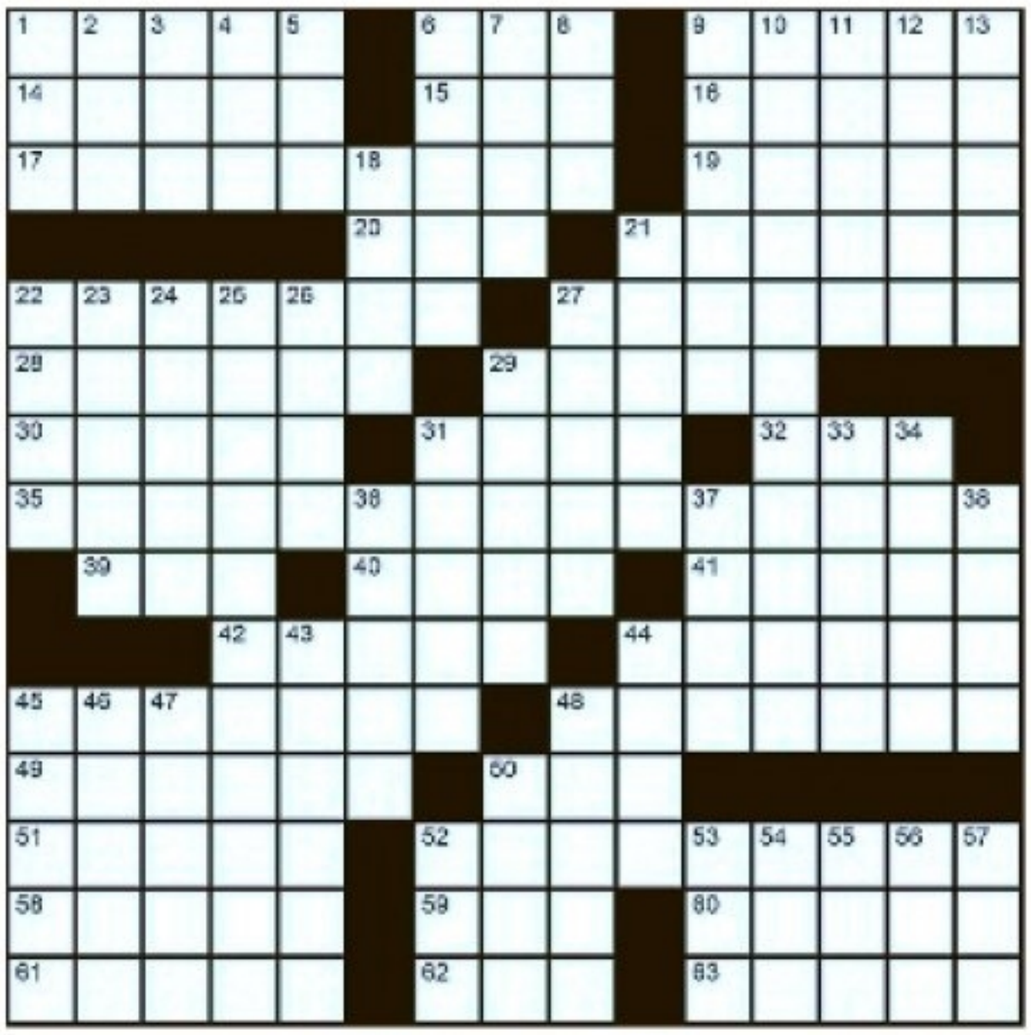
**2.** In a small bowl, whisk together the lemon juice and olive oil, pour it over your tuna and give a good mix. You don't want to lose all the texture of the tuna, so don't over do it. Taste it and see if you'd like some salt and pepper. Cover with cling film and chill for up to an hour. You can skip this step but it will enhance the flavour.

**3.** Now it's just an assembly job. You've got four plates. Lay out a handful of greens on each plate, a scoop of tuna deliciousness and then scatter tomatoes and radishes on top.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

## CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



**ACROSS**
1. Curve
6. Crunched muscles, commonly
9. Alan and his actor father Robert
14. Upper Fort __ (Historical site in Manitoba)
15. Edgar Allan Who?
16. "Montreal" singer Mr. Maida
17. Journey all over
19. Guitarist's prop
20. Soaked
21. Most certain
22. White wine of France
27. So Green! So Vast! Canada has many, many, many of these
28. Stay
29. Element with the symbol B in chemistry
30. Run __ (Go wildly)
31. __ vera
32. Bien __, Vietnam
35. The Toronto Raptors play on one: 2 wds.
39. Clear
40. Liturgical vestments
41. Tweak
42. Hall & __
44. Actress Ms. Dahl
45. Wall __ (House walls decorator)
48. Song by Vancouver band 54-40: 2 wds.
49. Puffy dessert
50. Type or sort [abbr.]
51. Dermatologists treat them
52. Restaurant garnish as on a glass of Diet Pepsi: 2 wds.
58. Banal
59. __ and flow
60. Benefit
61. Vows
62. Second Cup serving
63. "__ Go 'Round the Roses": 1963 hit for The Jaynetts

**DOWN**
1. Mork from Ork's spacecraft, __-shaped
2. 'Bad'-meaning prefix
3. Jake to Maggie, for short
4. Globe
5. X's spelled-out follower
6. __-ski
7. Car trunk, in Britain
8. Adjust
9. Legendary conductor Mr. Toscanini (b.1867 - d.1957)
10. Actress who plays Dr. Betty Rogers on CTV crime drama "Motive": 2 wds.
11. Feeds
12. Build __ (Construct, bird-style)
13. Works by the Rockefeller Center muralist
18. Double
21. __-Tracy, Quebec
22. Grouch
23. Macho fellow
24. Create cheeriness
25. Where Canadian astronaut Chris Hatfield was headed in the Spring of 2013 upon completing his International Space Station mission: 3 wds.
26. Admire
27. Tricks
29. Spills the beans
31. More capable
33. Exterior
34. Domain
36. Spud
37. Bread, e.g.
38. Train, in Spain
43. Comes about
44. River to the Rhine [var. sp.]
45. Topping on pasta
46. Capital of Ghana
47. SVP = S'il vous __
48. "La __" by Ritchie Valens
50. Feeling
52. Rent
53. Existed
54. Ms. Longoria
55. NBA's Mavericks, on scoreboards
56. Canadian actor Mr. Bellows
57. Cathedral city

## IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

**Aries** March 21 - April 20
Today's Full Moon very likely will bring financial issues to a head. Now you will have to decide whether it's time to hold or time to fold.

**Taurus** April 21 - May 21
Today the only Full Moon opposite your sign all year is taking place. That's why you might feel increased tension with partners and close friends. Patience is your best ally today.

**Gemini** May 22 - June 21
The Full Moon today might create tension with co-workers. Look beyond today's tension, and demonstrate grace under pressure.

**Cancer** June 22 - July 23
Of course, you feel the tension of today's Full Moon because the Moon is your ruler. Just go with the flow. This heightened emotional quality will be gone in 48 hours.

**Leo** July 24 - Aug. 23
Today you feel the classic tug-of-war between trying to keep home and family happy versus trying to keep your job and career happy. You can't do both. (This time, you can't ignore your job.)

**Virgo** Aug. 24 - Sept. 23
Be careful, because this is an accident-prone day due to the heightened Full Moon energy. Pay attention to everything you say and do.

**Libra** Sept. 24 - Oct. 23
Financial matters might come to a head because of the Full Moon today. Fortunately, after the Full Moon peaks, things will resolve themselves.

**Scorpio** Oct. 24 - Nov. 22
Today the only Full Moon in your sign all year is taking place. Do what you can to stay mellow. Be patient with close friends and partners.

**Sagittarius** Nov. 23 - Dec. 21
You have lots of energy with fiery Mars in your sign! Be careful, because today's Full Moon can create problems with others. Keep smiling, and be patient.

**Capricorn** Dec. 22 - Jan. 20
Issues with a group or perhaps with a personal friend might come to a head today. After the Full Moon peaks, you likely will bring things to a happy agreement.

**Aquarius** Jan. 21 - Feb. 19
Even though there are external demands on you today, you cannot ignore the demands of home. This feeling of being caught in a tug-of-war is due to the Full Moon today.

**Pisces**
Feb. 20 - March 20
Do what you can to avoid accidents today, because the Full Moon energy is distracting. Stay focused and mindful of everything you say and do.

## CONCEPTIS SUDOKU by Dave Green

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